

Spirit Weekly

March 22, 2009

CENTRAL CALENDAR

Sunday, March 22

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:30 a.m. Fellowship Time (Fellowship Hall)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Room 123)
- 9:45 a.m. Labyrinth Meditation (Community Room)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:30 a.m. Ivory Coast Bible Study (Elbow Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Room 222)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

Monday, March 23

- 9:30 a.m. Worship (Fellowship Hall)
- 10:00 a.m. Clothes Closet (Restoration Center)
- 10:30 a.m. Clothes Closet Meal (Fellowship Hall)
- 1:30 p.m. 2009 Churchwide Assembly
Local Arrangements Team (Fireside)

Tuesday, March 24

- 10:15 a.m. Staff Meeting (Room 123)
- 5:00 p.m. Congregation Council Meeting (Room 123)
- 6:00 p.m. Community Outreach Ministry Team (Restoration Center)

Wednesday, March 25

- 9:00 a.m. Labyrinth Meditation (Community Room)
available until 9pm
- 12:00 p.m. Mid-Week Lenten Worship (Sanctuary)**
followed by a soup lunch
- 5:15 p.m. Soup Supper Begins (Fellowship Hall)
- 5:45 p.m. Bell Choir Rehearsal (Choir Room)
- 6:00 p.m. Central Cantorei Rehearsal (Room 123)
- 6:00 p.m. Seminary Relations Ministry Team (Fireside)
- 6:30 p.m. Mid-Week Lenten Worship (Sanctuary)**
- 6:10 p.m. Central Choristers Rehearsal (Room 128)
- 7:15 p.m. Youth Faith & Film Night (Youth Room)
- 7:15 p.m. Central Choir Rehearsal (Choir Room)

Thursday, March 26

- 1:00 p.m. Clothes Closet (Restoration Center)
- 5:30 p.m. Hospitality Ministry Team (Room 128)
- 6:30 p.m. First Communion Instruction (Lower Narthex)
- 6:30 p.m. Agora Ministry Team (Room 123)
- 7:00 p.m. Ivory Coast Bible Study (Elbow Room)
- 7:30 p.m. Central Pacific AA (Fellowship Hall)

Friday, March 27

- 12:00 p.m. Fellowship Hall Reserved – Floor Maintenance

Saturday, March 28

- 8:00 a.m. Fellowship Hall Reserved – Floor Maintenance
- 9:30 a.m. Minneapolis Brass Rehearsal (Choir Room)

Sunday, March 29

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:30 a.m. Fellowship Time (Fellowship Hall)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Room 123)
- 9:45 a.m. Labyrinth Meditation (Community Room)
- 9:45 a.m. Churchwide Assembly Planning (Fireside)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:30 a.m. Ivory Coast Bible Study (Elbow Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Room 222)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

To make additions or corrections to this calendar,
contact Erica Doss at 612-767-9213,
or email edoss@centralmpls.org

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ

Today

The Upper Room (Room 206) and the Labyrinth (Community Room) are open at 7:30 a.m. each Sunday morning for those seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:30 a.m. hosted by the Coffee Ministry Team.

Come to **Table Talk** today at 10:00 a.m. in Fellowship Hall. This Bible study and brief video presentation will provoke imagination and conversation of matters of faith and life with God. Grab coffee and find a seat at the table. Invite your friends and neighbors to join you in this exploration of the connections between faith and life!



Lent Journey

Follow your 40-day Journey
with the roadmap
on the back page

A Word From Cameroon, West Africa will be presented by Michael J. Jinteh at 9:45 today in Room 123. This small country, nearly the size of California has the fastest growing Muslim presence in Sub-Saharan Africa. Jinteh is Christian with a Muslim background currently studying at Luther Seminary. He plans to work in northern Cameroon when his studies are finished.

Health & Wellness

Augsburg Nursing Center is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

Downtown Coalition for Grief Support meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. The group meets each Saturday. Hear Elizabeth Johnson share *Poetry about Grief* March 28. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows until 11:30 a.m. For more information, contact Joan VanWirt at (612) 333-3273.



WEDNESDAYS IN LENT

Stories for the Journey

Worship at
NOON
followed by
a soup lunch

soup supper serving
begins at
5:15 P.M.

Worship at
6:30 P.M.



SUNDAYS IN LENT

Join in the Upper Room
for prayer before worship

Preaching on Old Testament
journey stories

8:30 A.M.

11:00 A.M. & 7:00 P.M.

TABLE TALK with Pastor Rick
during the learning hour

Bible study and brief video presentations
to provoke imagination and conversation
of matters of faith and life with God. Grab
coffee and find a seat at the table. Invite
your friends and neighbors to join you in
this exploration of the connections between
faith and life!

Labyrinth available to
walk/pray/explore all day

All Weekly Spirit announcements are due by 2 p.m.
Monday of each week.

Please submit announcement requests to
Kelly Bartnick at kbartnick@centralmpls.org
or on forms available at the Church Office.

DAILY LECTIONARY

Sunday, March 22 - Numbers 21:4-9;
Psalm 107:1-3: 17-22 (19)
Ephesians 2:1-10; John 3:14-21
Monday, March 23 - Psalm 107: 1-16;
Exodus 15:22-27; Hebrews 3:1-6
Tuesday, March 24 - Psalm 107:1-16;
Numbers 20:1-13; 1 Corinthians 10:6-13
Wednesday, March 25 - Psalm 107:1-16;
Isaiah 60:15-22; John 8:12-20

Thursday, March 26 - Psalm 51:1-12;
Isaiah 30:15-18; Hebrews 4:1-13
Friday, March 27 - Psalm 51:1-12;
Exodus 30:1-10; Hebrews 4:14-5:4
Saturday, March 28 - Psalm 51:1-12;
Habakkuk 3:2-13; John 12:1-11
Sunday, March 29 - Jeremiah 31:31-34;
Psalm 51:1-12; Psalm 119:9-16;
Hebrews 5:5-10; John 12:20-33

Next Sunday

Join Feed My Starving Children (FMSC) Executive Director Mark Crea Sunday, March 29 at 9:45 a.m. FMSC is a Christian nonprofit hunger relief organization. The group has grown immensely from packing nearly 400,000 children's meals in 1994 to more than 43 million in 2007. It has three Twin Cities sites locations and one in Illinois. Learn about the meals the organization donates and where they go. Nearly 200,000 yearly volunteers have made this organization a remarkable success.

At the INFO DESK

Members of the Floral Guild continues accepting orders today for **Easter plants** to decorate the chancel during the season. This Central tradition is an opportunity for members and friends to honor and/or remember loved ones while brightening the lives of homebound members who receive the plants following our Easter services. Check for details at the sign-up tables in South Commons and outside the Library. You may also pick up an information sheet which details the process for delivering the plants. Consider visiting one or more of our homebound members on Easter or the days following.

Join Central's Older, Wiser Lutheran Seniors (OWLS) April 23 for a **tour of Bachman's on Lyndale Avenue South**. There will also be time for browsing in the store and having lunch at Patrick's French Cafe. The tour is free, but each person is responsible for her own lunch. The motorcoach leaves Central at 10:00 a.m. Sign up today through April 5.

Take a trip to Chanhassen Dinner Theatres' production of *Seven Brides for Seven Brothers* with the OWLS Saturday, May 16. Your \$45 ticket includes lunch and the show. The motorcoach leaves Central at 10:30 a.m. lunch is served at 11:30 a.m. with the show to follow at 1:30 p.m. Sign up today through April 5.

Stop by the **Take 5 table** today in Fellowship Hall to learn how you can use your gifts and get involved with social justice and advocacy programs at Central and in the City. Representatives will be available between services.

Notices & Upcoming Events

The Restoration Center, Central's new outreach center is open! Community Ministries has moved into the space and is steadily making it operational. Stop by and take a tour today and March 29 at 10:45am. Meet by the Church Office and join Rolf Lowenberg-DeBoer, Community Ministries Coordinator, for a brief and informative tour.

To share a **prayer request**, you may submit a completed pew-card in the offering plate or give to a worship leader. Contact Bette Schuldt at (763) 588-8594 or email Jeni Hill at jhill@centralmpls.org.

Listen to Central's **Sunday service on the Internet!** Our radio partner WDGY 740AM broadcasts our morning service over the air and on the web. Just go to www.wdgyradio.com and click on the "Listen Live" link. The service is only available at 11:00 a.m.

Community Ministries is looking for **art to place in the Restoration Center**. Please contact Bob Boldt or Rolf Lowenberg-DeBoer (612) 767-9214 if you have a piece you would like to loan.

Central's **Sunday Sermons** are available online! Go to www.centralmpls.org and click on the "Sermons" link. There you will find weekly archives of past sermons.

Christ in Our Home, a daily devotional published quarterly by Augsburg Fortress, is available free or for a donation of \$1. Small or large print editions for April - June are available in Central's information racks or at the Church Office.

Discipleship Opportunities

You and your team can be part of the new **Sunday Morning Coffee Ministry Team**. No experience necessary. Just ask anyone wearing a blue apron. Or, contact Diane Nimmer, (763) 529-7662 or diane@nimmerfamily.com or Karen Knox (612) 767-9211; or kknox@centralmpls.org.

There are a number of new opportunities to serve in **The Restoration Center**. They include computer guide, front desk reception, hospitality, advocacy organizer, and more. Please contact Rolf Lowenberg-DeBoer at 612-767-9214 if you are interested in learning more about any of these opportunities.

Young adults wanted! Your help is needed to assist with the Easter plant distribution process in the Sanctuary and South Commons on Easter morning. Previous experience is not required. If you have strong arms and are fast on your feet, we want you. We just ask that you wear a smile and your name badge. If you need a name badge ordered, contact Roberta Groening and Heruy Mesfen at (612) 382-0492 or email rbertag@yahoo.com.

CENTRAL LUTHERAN CHURCH

in the heart of the city, welcomes all
people to celebrate, discover and
share the love of Christ
www.centralmpls.org



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