

Spirit Weekly

March 15, 2009

CENTRAL CALENDAR

Sunday, March 15

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Room 123)
- 9:45 a.m. Labyrinth Meditation (Community Room)
- 9:45 a.m. Nominating Committee (Room 209)
- 9:30 a.m. Fellowship Time (Fellowship Hall)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:30 a.m. Ivory Coast Bible Study (Elbow Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Room 222)
- 12:30 p.m. Peace with Justice Forum (Fellowship Hall)
- 3:00 p.m. Salt of the Earth Storytellers (Fireside)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

Monday, March 16

- 7:30 a.m. Restoration Center Opens
- 9:30 a.m. Worship (Fellowship Hall)
- 10:00 a.m. Clothes Closet (Restoration Center)
- 10:30 a.m. Clothes Closet Meal (Fellowship Hall)
- 5:30 p.m. 90th Anniversary Planning Team (Fireside)
- 6:00 p.m. Gay-Lesbian-Bisexual-Transgender (GLBT) Advocacy Ministry Team (Room 123)

Tuesday, March 17

- 7:30 a.m. Restoration Center Opens
- 10:15 a.m. Staff Meeting (Room 123)
- 1:00 p.m. Executive Committee (Fireside)
- 4:30 p.m. Lifelong Learning Planning Meeting (Fireside)
- 7:00 p.m. MSO Rehearsal (Fellowship Hall)

Wednesday, March 18

- 7:30 a.m. Restoration Center Opens
- 9:00 a.m. Labyrinth Meditation (Community Room) available until 9:00 p.m.
- 12:00 p.m. Mid-Week Lenten Worship (Sanctuary)**
followed by a soup lunch
- 4:00 p.m. Personnel Committee (Fireside)
- 5:15 p.m. Soup Supper Begins (Fellowship Hall)

Wednesday, March 18 (continued)

- 5:45 p.m. Bell Choir Rehearsal (Choir Room)
- 6:00 p.m. Mannerchor Rehearsal (Room 123)
- 6:30 p.m. Mid-Week Lenten Worship (Sanctuary)**
- 7:15 p.m. Youth Faith & Film Night (Youth Room)
- 7:15 p.m. Nursery Planning Team (Nursery)
- 7:15 p.m. Central Choir Rehearsal (Choir Room)

Thursday, March 19

- 7:30 a.m. Restoration Center Opens
- 11:00 a.m. Procession Rehearsal (Sanctuary)
- 1:00 p.m. Clothes Closet (Restoration Center)
- 1:30 p.m. OWLS present Doug Ohman (Fellowship Hall)
- 7:00 p.m. Ivory Coast Bible Study (Elbow Room)
- 7:30 p.m. Central Pacific AA (Fellowship Hall)

Friday, March 20

- 11:00 a.m. Whitacre Residency Honors Choir Project Begins (Fellowship Hall)
- 12:00 p.m. Downtown Bible Study (Fireside)
- 4:00 p.m. Youth Urban Immersion Service Retreat (OFFSITE)

Saturday, March 21

- 8:00 a.m. Whitacre Residency Honors Choir Project Begins (Fellowship Hall)
- 8:30 a.m. Agora Discipleship Academy (Community Room)

Sunday, March 22

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Room 123)
- 9:45 a.m. Labyrinth Meditation (Community Room)
- 9:30 a.m. Fellowship Time (Fellowship Hall)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:30 a.m. Ivory Coast Bible Study (Elbow Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Room 222)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ

Today

The Upper Room (Room 206) and the Labyrinth (Community Room) are open at 7:30 a.m. each Sunday morning for those seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:30 a.m.

Come to **Table Talk with Pastor Rick** today at 10:00 a.m. in Fellowship Hall. This Bible study and brief video presentation will provoke imagination and conversation of matters of faith and life with God. Grab coffee and find a seat at the table. Invite your friends and neighbors to join you in this exploration of the connections between faith and life!

The Changing Faces of Addiction will be presented today at 9:45 in Room 123 by Dan Ward, Executive Director, Metro Hope Ministries. Founded in 1926 as a Gateway Hospital Mission, Metro Hope Ministries began a tradition of giving those lost in addiction a place to learn, sleep, and get back on their feet. As recently as the 1980's, the "typical" addict was a blue-collar alcoholic who held a regular job and often times attended church on a weekly basis. Ward will share how things have changed during the past 20 years. Metro Hope Ministries is Minnesota's oldest faith-based recovery program.

Augsburg Nursing Center is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

Hear Gerald Schlabach share *Just Policing – Not War, An Alternative Response to World Violence* during a Twin Cities Peace with Justice Forum today from 12:30 p.m. to 2:00 p.m. in Fellowship Hall. Schlabach is editor and author of a recently published book that offers discussion to help members of all religious traditions deal with life in times of violence and war. He is Associate Professor of Theology at the University of St. Thomas. Parking is validated. Lunch is served for \$7.00.

Downtown Coalition for Grief Support meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. The group meets each Saturday. Hear David Peach share his personal story of spousal loss on March 21. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows until 11:30 a.m. For more information, contact Joan VanWirt at (612) 333-3273.



WEDNESDAYS IN LENT

Stories for the Journey

Worship at
NOON
followed by
a soup lunch

soup supper serving
begins at
5:15 P.M.

Worship at
6:30 P.M.



SUNDAYS IN LENT

Join in the Upper Room
for prayer before worship

Preaching on Old Testament
journey stories

8:30 A.M.

11:00 A.M. & 7:00 P.M.

TABLE TALK with Pastor Rick
during the learning hour

Bible study and brief video presentations
to provoke imagination and conversation
of matters of faith and life with God. Grab
coffee and find a seat at the table. Invite
your friends and neighbors to join you in
this exploration of the connections between
faith and life!

Labyrinth available to walk/pray/explore
until Ivory Coast Community arrives at
11:00 A.M.

All Weekly Spirit announcements are due by 2 p.m.
Monday of each week.

Please submit announcement requests to
Kelly Bartnick at kbartnick@centralmpls.org
or on forms available at the Church Office.



Next Sunday

A *Word From Cameroon, West Africa* will be presented by Michael J. Jinteh at 9:45 March 22. This small country, nearly the size of California has the fastest growing Muslim presence in Sub-Saharan Africa. Jinteh is Christian with a Muslim background currently studying at Luther Seminary. He plans to work in northern Cameroon when his studies are finished.

At the **INFO DESK**

Please join **Central's Older, Wiser Lutheran Seniors (OWLS)** in Fellowship Hall Thursday, March 19 at 1:30 p.m. Special guest Doug Ohman will present *Vanishing Landmarks in Minnesota*. Ohman specializes in historic structures and community landmarks. Coffee, tea and light refreshments will be served. Tickets are \$5. Today is the final day to purchase tickets.

Members of the Floral Guild begin accepting orders today for **Easter plants** to decorate the chancel during the season. This Central tradition is an opportunity for members and friends to honor and/or remember loved ones while brightening the lives of homebound members who receive the plants following our Easter services. Check for details at the sign-up tables in South Commons and outside the Library. You may also pick up an information sheet which details the process for delivering the plants. Consider visiting one or more of our homebound members on Easter or the days following.

Notices & Upcoming Events

The Restoration Center, Central's new outreach center is open! Community Ministries has moved into the space and is steadily making it operational. Stop by and take a tour today March 22, and March 29 at 10:45am. Meet by the Church Office and join Rolf Lowenberg-DeBoer, Community Ministries Coordinator, for a brief and informative tour.

To share a **prayer request**, you may submit a completed pew-card in the offering plate or give to a worship leader. Contact Bette Schuldt at (763) 588-8594 or email Jeni Hill at jhill@centralmpls.org.

Listen to Central's **Sunday service on the Internet!** Our radio partner WDGY 740AM broadcasts our morning service over the air and on the web. Just go to www.wdgyradio.com and click on the "Listen Live" link. The service is only available at 11:00 a.m.

Community Ministries is looking for **art to place in the Restoration Center**. Please contact Bob Bolt or Rolf Lowenberg-DeBoer (612) 767-9214 if you have a piece you would like to loan.

Central's **Sunday Sermons** are available online! Go to www.centralmpls.org and click on the "Sermons" link. There you will find weekly archives of past sermons.

Christ in Our Home, a daily devotional published quarterly by Augsburg Fortress, is available free or for a donation of \$1. Small or large print editions for April – June are available in Central's information racks or at the Church Office.

Discipleship Opportunities

Spend time with Central's youth during **Faith and Film Wednesdays** in Lent (March 18, 25, April 1) after evening worship from 7:15 p.m. to 8:30 p.m. The movie: *Chronicles of Narnia*. For more information or to confirm your attendance, contact Amanda Highben at (612) 767-9206 or ahighben@centralmpls.org.

There are a number of new opportunities to serve in **The Restoration Center**, including computer guide, front desk reception, hospitality, advocacy organizer, and more. Please contact Rolf Lowenberg-DeBoer at 612-767-9214 if you are interested in learning more about any of these opportunities.

Young adults wanted! Your help is needed to assist with the Easter plant distribution process in the Sanctuary and South Commons on Easter morning. Previous experience is not required. If you have strong arms and are fast on your feet, we want you. We just ask that you wear a smile and your name badge. If you need a name badge ordered, contact Roberta Groening and Heruy Mesfen at (612) 382-0492 or email rbertag@yahoo.com.

DAILY LECTIONARY

Sunday, March 15 - Genesis 17:1-7, 15-16;
Psalm 22:23-31; Romans 4:13-25;
Mark 8:31-38

Monday, March 16 - Psalm 84;

1 Kings 6:1-4, 21-22; 1 Corinthians 3:10-23

Tuesday, March 17 - Psalm 84;

2 Chronicles 29:1-11, 16-19; Hebrews 9:23-28

Wednesday, March 18 - Psalm 84;

Ezra 6:1-16; Mark 11:15-19

Thursday, March 19 - Psalm 107:1-3, 17-22;
Genesis 9:8-17; Ephesians 1:3-6

Friday, March 20 - Psalm 107:1-3, 17-22;
Daniel 12:5-13; Ephesians 1:7-14

Saturday, March 21 - Psalm 107:1-3, 17-22;
Numbers 20:22-29; John 3:1-13

Sunday, March 22 - Numbers 21:4-9;
Psalm 107:1-3; 17-22 (19)

Ephesians 2:1-10; John 3:14-21

CENTRAL LUTHERAN CHURCH

in the heart of the city, welcomes all
people to celebrate, discover and
share the love of Christ
www.centralmpls.org



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