

# Spirit Weekly

March 1, 2009

## CENTRAL CALENDAR

### Sunday, March 1

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Room 123)
- 9:45 a.m. Labyrinth Meditation (Community Room)
- 9:45 a.m. Nominating Committee (Room 217)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:00 a.m. Central Cantorei Rehearsal (Choir Room)
- 10:30 a.m. Ivory Coast Bible Study (Elbow Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Community Room)
- 12:15 p.m. Nursery Planning Team (Room 122)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**  
*followed by fellowship in South Commons*

### Monday, March 2

- 9:30 a.m. Clothes Closet Worship (Fellowship Hall)
- 10:00 a.m. Clothes Closet (Community Room)
- 10:30 a.m. Clothes Closet Meal (Fellowship Hall)
- 3:00 p.m. DCEH Meeting (Fireside)

### Tuesday, March 3

- 10:15 a.m. Staff Meeting (Room 123)
- 1:00 p.m. Grace Circle (Room 123)
- 5:00 p.m. Congregation Council Meeting (Room 123)
- 5:30 p.m. Camp Amnicon Board Meeting (Room 128)

### Wednesday, March 4

- 12:00 p.m. Mid-Week Lenten Worship (Sanctuary)**  
*followed by a soup lunch*
- 1:00 p.m. OWLS Planning Team (Fireside)
- 4:30 p.m. CLCW Board Meeting (Room 123)
- 5:15 p.m. Soup Supper Begins (Fellowship Hall)
- 5:30 p.m. C3 Ministry Team (Fireside)
- 5:45 p.m. Bell Choir Rehearsal (Choir Room)
- 6:00 p.m. Central Cantorei Rehearsal (Room 123)

### Wednesday, March 4

- 6:30 p.m. Mid-Week Lenten Worship (Sanctuary)**
- 6:30 p.m. Central Choristers Rehearsal (Room 128)
- 7:15 p.m. Youth Faith & Film Night (Youth Room)
- 7:15 p.m. Central Choir Rehearsal (Choir Room)

### Thursday, March 5

- 1:00 p.m. Clothes Closet (Community Room)
- 6:15 p.m. Nominating Committee (Fireside)
- 7:00 p.m. Ivory Coast Bible Study (Elbow Room)
- 7:00 p.m. TCGMC Rehearsal (Choir Room)
- 7:30 p.m. Central Pacific AA (Fellowship Hall)

### Friday, March 6

- 9:00 a.m. Lutheran World Relief Quilt Group (Room 123)
- 12:00 p.m. Downtown Bible Study (Fireside)

### Saturday, March 7

- 8:00 a.m. Men's Fellowship Breakfast (Fellowship Hall)
- 8:30 a.m. Agora Discipleship Academy (Community Room)
- 9:00 a.m. Sunday School Staff Meeting (Room 222)
- 9:00 a.m. Lutheran World Relief Quilt Group (Room 123)

### Sunday, March 8

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Room 123)
- 9:45 a.m. Labyrinth Meditation (Community Room)
- 9:45 a.m. Nominating Committee (Room 217)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:30 a.m. Ivory Coast Bible Study (Elbow Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Community Room)
- 12:15 p.m. Central Friends Meeting (Room 123)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**  
*followed by fellowship in South Commons*

To make additions or corrections to this calendar, contact Erica Doss at 612-767-9213, or email [edoss@centralmpls.org](mailto:edoss@centralmpls.org)

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ

## Today

The Upper Room (Room 206) is open at 7:30 a.m. each Sunday morning for anyone seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:45 a.m.

Hear Scott Lien from Global Health Ministries share *Health Ministries in Papua New Guinea* today. Lien recently visited the island nation, where Global Health Ministries has been involved for more than 15 years. Global Health Ministries is headquartered in Fridley, Minnesota. It organizes and ships containers of medical equipment and medicines to mission hospitals and clinics in several continents.



Follow your 40-day Journey  
with the roadmap  
on the back page

Come to **Table Talk with Pastor Rick** today at 10:00 a.m. in Fellowship Hall. This Bible study and brief video presentations provoke imagination, and conversation of matters of faith and life with God. Grab coffee and find a seat at the table. Invite your friends and neighbors to join you in this exploration of the connections between faith and life!

## Health & Wellness

**Augsburg Nursing Center** is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

**Downtown Coalition for Grief Support** meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. The group meets each Saturday. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows from 10:30 a.m. to 11:30 a.m. For more information, contact Joan VanWirt at (612) 333-3273.



Lent  
2009: a 40-day  
**Journey**

**WEDNESDAYS  
IN LENT**

Stories for the Journey

Worship at  
**NOON**

followed by  
a soup lunch

soup supper serving

begins at

**5:15 P.M.**

Worship at

**6:30 P.M.**



**SUNDAYS  
IN LENT**

Join in the Upper Room  
for prayer before worship

Preaching on Old Testament  
journey stories

**8:30 A.M.**

**11:00 A.M. & 7:00 P.M.**

**TABLE TALK** with Pastor Rick  
during the learning hour

Bible study and brief video presentations  
to provoke imagination and conversation  
of matters of faith and life with God. Grab  
coffee and find a seat at the table. Invite  
your friends and neighbors to join you in  
this exploration of the connections between  
faith and life!

Labyrinth available to walk/pray/explore  
until Ivory Coast Community arrives at

**11:00 A.M.**

Optional individual

**BOOK JOURNEY**

(select a companion spiritual guide to read)

- 40-day journey with Martin Luther
- 40-day journey with Joan Chittister
- 40-day journey with Dietrich Bonhoeffer
- 40-day journey with Kathleen Norris
- 40-day journey with Gerard Manley Hopkins
- 40-day journey with Madeleine L'Engle
- 40-day journey with Parker J. Palmer
- 40-day journey with Julian of Norwich

Books are designed specifically for journeys like ours.  
Titles are \$12.99 from Luther Seminary bookstore,  
Amazon, or AugsburgFortress.org

If you select a companion book, tell Pastor C  
who you've picked and he'll share the names of others  
who are joining you with this guide. Order today to  
be ready to kick off our Lenten journey!!

**DAILY LECTIONARY**

**Sunday, March 1** - Genesis 9:8-17;  
Psalm 25:1-10; 1 Peter 3:18-22;  
Mark 1:9-15

**Monday, March 2** - Psalm 77;  
Job 4:1-21; Ephesians 2:1-10

**Tuesday, March 3** - Psalm 77;  
Job 5:8-27; 1 Peter 3:8-18a

**Wednesday, March 4** - Psalm 77;  
Proverbs 30:1-9; Matthew 4:1-11

**Thursday, March 5** - Psalm 22:23-31;  
Genesis 15:1-6, 12-18; Romans 3:21-31

**Friday, March 6** - Psalm 22:23-31;  
Genesis 16:1-6; Romans 4:1-12

**Saturday, March 7** - Psalm 22:23-31;  
Genesis 16:7-15; Mark 8:27-30

**Sunday, March 8** - Genesis 17:1-7, 15-16;  
Psalm 22:23-31; Romans 4:13-25;  
Mark 8:31-38

**At the INFO DESK**

Stop in South Commons today and donate to the Sunday School children's annual  
**Hygiene Kit** project. Kits will be assembled for the Augsburg Nursing Center. You may  
contribute hygiene items or money. This is the final day to contribute. Stop at the Info  
Desk to learn more!

**Fair Trade chocolate, coffee, teas and more** are available for purchase today following  
both morning services in South Commons.

Please join **Central's Older, Wiser Lutheran Seniors (OWLS)** in Fellowship Hall March  
19 at 1:30 p.m. Special guest Doug Ohman will present *Vanishing Landmarks in Minne-  
sota*. Ohman specializes in historic structures and community landmarks. Coffee, tea and  
light refreshments will be served. Tickets are \$5. Purchase them in South Commons today,  
March 8 and 15.



**Next Sunday**

Hear Rev. Mark and Linda Nygard share *A Risky Mission to Muslim Fulani in Senegal*  
Sunday, March 8 at 9:45 a.m. The Nygards and their three children served twelve years in  
Cameroon and six years in Senegal West Africa. Hear tales of how they became part of a  
new culture and found ways to serve in a purely Muslim setting. Thirty-four years later,  
the family continues to be involved in youth ministry, health work and dairy improve-  
ment while nurturing a congregation of Fulani Christians. Come prepared to watch visual  
illustrations of the family's years in West Africa.

**Notices & Upcoming Events**

**Central's Congregation Council** meets Tuesday, March 3 at 5:00 p.m. in Room 123.

Attend a **silent auction fundraiser for the Augsburg Nursing Center** Saturday, March 7  
in the lobby of The Oren Gateway Center (Riverside Avenue and 22nd Street) on the Augs-  
burg College Campus. Please attend anytime from 10:00 a.m. to 3:00 p.m. and show your  
support for the Nursing Center!

The **Nominating Committee** is seeking names of members who might be qualified and  
willing to fill one of the following positions: Church Council President, Secretary and  
Member-at-Large. Members are also needed to serve on the Audit Committee, as voting  
members to the Synod Assembly and Nominating Committee. Suggestions may be sub-  
mitted on forms available at the Church Office.

To share a **prayer request**, you may submit a completed pew-card in the  
offering plate or give to a worship leader. Contact Bette Schuldt at (763) 588-8594 or  
email Jeni Hill at [jhill@centralmpls.org](mailto:jhill@centralmpls.org).

Listen to Central's **Sunday service on the Internet!** Our radio partner WDGY  
740AM broadcasts our morning service over the air and on the web. Just go to  
[www.wdgyradio.com](http://www.wdgyradio.com) and click on the "Listen Live" link. The service is only available at  
11:00 a.m.

**Discipleship Opportunities**

Spend time and engage with Central's youth during **Faith and Film Wednesdays** in  
Lent (March 4, 11, 18, 25, April 1) after evening worship from 7:15 p.m. to 8:30 p.m.  
The movie: *Chronicles of Narnia*. For more information or to confirm your atten-  
dance, contact Amanda Highben at (612) 767-9206 or [ahighben@centralmpls.org](mailto:ahighben@centralmpls.org).

Calling all quilters and those who would like to learn! The **CLCW Quilters for  
Lutheran World Relief** will gather on Friday, March 6 and Saturday, March 7 from  
9 a.m. to 3:00 p.m. If you can tie a knot, come join the fun and fellowship. If you're  
staying the whole day, you should plan to bring your lunch.

All Weekly Spirit announcements are due by 2 p.m.  
Monday of each week.

Please submit announcement requests to  
Kelly Bartrick at [kbartrick@centralmpls.org](mailto:kbartrick@centralmpls.org)  
or on forms available at the Church Office.

**CENTRAL LUTHERAN CHURCH**

in the heart of the city, welcomes all  
people to celebrate, discover and  
share the love of Christ  
[www.centralmpls.org](http://www.centralmpls.org)



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