

Spirit Weekly

February 22, 2009

CENTRAL CALENDAR

Sunday, February 22

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Fireside)
- 9:45 a.m. Lifelong Learning Forum (Community Room)
- 9:45 a.m. Nominating Committee (Room 217)
- 9:45 a.m. Agora Ministry Team (Room 209)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 10:15 a.m. New Member Gathering (Room 123)
- 10:40 a.m. Central Choristers Rehearsal (Room 128)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Community Room)
- 12:15 p.m. New Member Luncheon (Room 123)
- 3:00 p.m. Downtown Churches Choral Festival (Sanctuary)
- 4:15 p.m. Choral Festival Reception (Fellowship Hall)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

Monday, February 23

- 9:30 a.m. Clothes Closet Worship (Fellowship Hall)
- 10:00 a.m. Clothes Closet (Community Room)
- 10:30 a.m. Clothes Closet Meal (Fellowship Hall)
- 1:30 p.m. 2009 Churchwide Assembly
Local Arrangements Team (Fireside)

Tuesday, February 24

- 10:15 a.m. Staff Meeting (Room 123)
- 5:30 p.m. Shrove Tuesday Celebration
(South Commons & Fellowship Hall)
- 7:00 p.m. MSO Violin Sectional (Choir Room)

Ash Wednesday, February 25

- 12:00 p.m. Ash Wednesday Worship (Sanctuary)**
- 1:00 p.m. Security Staff Meeting (Fireside)
- 7:00 p.m. Ash Wednesday Worship (Sanctuary)**

Thursday, February 26

- 1:00 p.m. Clothes Closet (Community Room)
- 5:30 p.m. Hospitality Ministry Team (Fireside)
- 6:15 p.m. Nominating Committee (Room 217)
- 7:00 p.m. Ivory Coast Bible Study (Elbow Room)
- 7:30 p.m. Central Pacific AA (Fellowship Hall)

Friday, February 27

- 12:00 p.m. Downtown Bible Study (Fireside)

Saturday, February 28

No Events Scheduled

Sunday, March 1

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Community Room)
- 9:45 a.m. Nominating Committee (Room 217)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 10:00 a.m. Table Talk (Fellowship Hall)
- 10:00 a.m. Central Cantorei Rehearsal (Choir Room)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Community Room)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

To make additions or corrections to this calendar, contact Erica Doss at 612-767-9213, or email edoss@centralmpls.org.

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ

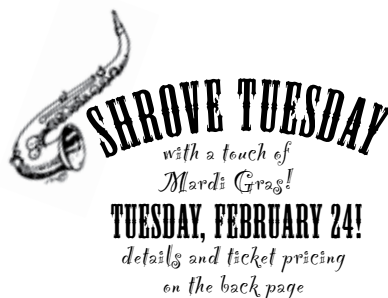


Today

The Upper Room (Room 206) is open at 7:30 a.m. each Sunday morning for anyone seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:45 a.m.

Join William and Margaret Obaga February 22 at 9:45 for *Kenya—My Land, My Church—Present and Future*. Margaret Obaga has been director of the Women's Desk of the Kenyan Evangelical Lutheran Church. She has been involved with Lutheranism globally for two decades. William Obaga is affiliated with the Kenyan Evangelical Lutheran Church. Prior to coming to Luther Seminary, William taught high school music, choral and orchestral conducting and directed music in his home congregation.



Lent 2009: a 40-day Journey

Ash Wednesday
FEBRUARY 25

Worship at
NOON or 7 P.M.
Individual absolution
Optional imposition of ashes
Holy Communion
Follow your 40-day Journey
with the roadmap
on the back page

Lisa Gidlow Moriarty from Paths of Peace will speak about the use of **labyrinths in one's personal spiritual journey** today at 9:45 a.m. in the Community Room. Ms. Moriarty is a certified labyrinth facilitator and president of The Labyrinth Society. Come and learn about Central's new labyrinth. The speaker is sponsored by the Prayer, Spirituality, and Meditation Ministry Team.



Concert Today

More than 400 voices from seven downtown Minneapolis churches will join voices at Central to present *Everlasting Light*, today at 3:00 p.m. Hear works from John Rutter, J.S. Bach, Gerald Near and David Conte and more. Participating congregations include the Basilica of St. Mary, St. Olaf Catholic Church, Hennepin Avenue United Methodist, Central Lutheran Church, Westminster Presbyterian Church, Plymouth Congregational Church and St. Mark's Cathedral. A reception follows the event.



WEDNESDAY IN LENT

Stories for the Journey

Worship at
NOON
followed by
a soup lunch

soup supper serving
begins at
5:15 P.M.

Worship at
6:30 P.M.



Sunday &
Wednesday in
Lent

SUNDAY IN LENT

Join in the Upper Room
for prayer before worship

Preaching on Old Testament
journey stories

8:30 A.M.

11:00 A.M. & 7:00 P.M.

TABLE TALK with Pastor Rick
during the learning hour

Bible study and brief video presentations
to provoke imagination, and conversation
of matters of faith and life with God. Grab
coffee and find a seat at the table. Invite
your friends and neighbors to join you in
this exploration of the connections between
faith and life!

Labyrinth available to walk/pray/explore
until Ivory Coast Community arrives at

11:00 A.M.

Optional individual BOOK JOURNEY

(select a companion spiritual guide to read)

- 40-day journey with Martin Luther
- 40-day journey with Joan Chittister
- 40-day journey with Dietrich Bonhoeffer
- 40-day journey with Kathleen Norris
- 40-day journey with Gerard Manley Hopkins
- 40-day journey with Madeleine L'Engle
- 40-day journey with Parker J. Palmer
- 40-day journey with Julian of Norwich

Books are designed specifically for journeys like ours.
Titles are \$12.99 from Luther Seminary bookstore,
Amazon, or AugsburgFortress.org

If you select a companion book, tell Pastor C
who you've picked and he'll share the names of others
who are joining you with this guide. Order today to
be ready to kick off our Lenten journey!!

DAILY LECTIONARY

Sunday, February 22 - 2 Kings 2:1-12;
Psalm 50:1-6; 2 Corinthians 3:12-4:2;
Luke 9:28-36 [37-43]

Monday, February 23 - Psalm 110:1-4;
Exodus 19:7-25; Hebrews 2:1-4

Tuesday, February 24 - Psalm 110:1-4;
Job 19:23-27; 1 Timothy 3:14-16

Wednesday, February 25 - Joel 2:1-2, 12-17;
Psalm 51:1-17; 2 Corinthians 5:20b-6:10;
Matthew 6:1-6, 16-21

At the INFO DESK

Shrove Tuesday at Central...with a Touch of Mardi Gras returns on **February 24, 2009, from 5:30-8:00 pm.** This congregational event features traditional southern gumbo and pancakes, the Stompin' Dixie Dixieland Band and fun! A punch reception in South Commons kicks off the event, followed by a jazzy processional to Fellowship Hall for food, fun and music. Purchase your tickets today in the South Commons: \$7/ adult or \$5/ child, with a family cap of \$25. Don't miss this festive evening before the Lenten fast begins! Festive and fun attire is encouraged!

Stop in South Commons today and donate to the Sunday School children's annual **Hygiene Kit** project. Kits will be assembled for the Augsburg Nursing Center. You may contribute hygiene items or money. Contribute today through March 1. Stop at the Info Desk to learn more!



Next Sunday

Hear Scott Lien from Global Health Ministries share **Health Ministries in Papua New Guinea** Sunday, March 1. Lien recently visited the island nation, where Global Health Ministries has been involved for more than 15 years. There is a still basic need for basic medical materials. Global health Ministries is headquartered in Fridley, Minnesota. It organizes and ships containers of medical equipment and medicines to mission hospitals and clinics in several continents.

Notices & Upcoming Events

Attention, Central Men! **Men's Fellowship** will hold its monthly breakfast meeting at 8:00 a.m. Saturday, March 7. The day's featured speaker will be Anthony Wagner, president of Pillsbury United Communities. Pillsbury United Communities is a unique nonprofit organization working in multiple locations in Minneapolis' inner city neighborhoods. He will speak about Pillsbury's activities and challenges in dealing with the 35,000 people who come through the organization's doors each year. Please join in a delicious breakfast, an interesting program and good fellowship.

Are you interested in providing help to someone grieving the death of a loved one? **The Downtown Coalition for Grief Support** needs additional facilitators to lead small group discussions Saturday mornings. A training session begins Saturday, March 21. Please contact Joan VanWirt at (612) 333-3273 for more information.

The **Nominating Committee** is seeking names of members who might be qualified and willing to fill one of the following positions: Church Council President, Secretary and Member-at-Large. Members are also needed to serve on the Audit Committee, as voting members to the Synod Assembly and Nominating Committee. Suggestions may be submitted on forms available at the Church Office.

To share a **prayer request**, you may submit a completed pew-card in the offering plate or give to a worship leader. Contact Bette Schuldt at (763) 588-8594 or email Jeni Hill at jhill@centralmpls.org.

Health & Wellness

Augsburg Nursing Center is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

Downtown Coalition for Grief Support meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. On Saturday, February 21 hear Lois Untinen share her personal story about spousal loss. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows from 10:30 a.m. to 11:30 a.m. For more information, contact Joan VanWirt at (612) 333-3273.

Discipleship Opportunities

More than 22,000 youth are homeless in Minnesota every year. Where do they sleep? What can be done to prevent this? How can I help? Consider attending the **Youth Homelessness Film Screening Discussion** Sunday, February 22, 12:15-2:15 p.m. at Plymouth Congregational Church. Hear Lee Blons, Executive Director of Plymouth Church Neighborhood Foundation, and take part in the discussion. This event is sponsored by the Downtown Congregations to End Homelessness.

Consider being part of the **Shrove Tuesday "work crew."** Workers are needed to help decorate and set up, and then tear down and clean up at the end, which includes washing dishes with Council President Dick Shinofield. Contact Karen Knox for information.

CENTRAL LUTHERAN CHURCH

in the heart of the city, welcomes all
people to celebrate, discover and
share the love of Christ
www.centralmpls.org



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