

# Spirit Weekly

February 15, 2009

## CENTRAL CALENDAR

### Sunday, February 15

*Amnicon Winter Spirit Retreat*

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Community Room)
- 9:45 a.m. Lifelong Learning Forum (Room 123)
- 9:45 a.m. Nominating Committee (Room 217)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 9:45 a.m. Sunday Morning Coffee Ministry (Fireside)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Community Room)
- 12:30 p.m. Peace with Justice Forum (Fellowship Hall)
- 3:00 p.m. Salt of the Earth Storytellers (Fireside)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer  
with Holy Communion (Sanctuary)**  
*followed by fellowship in South Commons*

### Monday, February 16

*Building Closed – Presidents Day*

### Tuesday, February 17

- 10:15 a.m. Staff Meeting (Room 123)
- 6:00 p.m. Community Outreach Ministry Team (Fireside)
- 6:00 p.m. Gay-Lesbian-Bisexual-Transgender Advocacy Ministry Team (Elbow Room)
- 7:00 p.m. MSO Rehearsal (Fellowship Hall)

### Wednesday, February 18

- 12:00 p.m. Executive Committee (Fireside)
- 6:00 p.m. Bell Choir Rehearsal (Sanctuary)
- 6:15 p.m. Central Choristers Rehearsal (Room 128)
- 6:30 p.m. Mannerchor Rehearsal (Choir Room)
- 7:15 p.m. Central Choir Rehearsal (Choir Room)

### Thursday, February 19

- 12:00 p.m. HCMC Faculty Retreat (Room 123)
- 1:00 p.m. Clothes Closet (Community Room)
- 7:00 p.m. Ivory Coast Bible Study (Elbow Room)
- 7:30 p.m. Central Pacific AA (Fellowship Hall)

### Friday, February 20

- 12:00 p.m. Downtown Bible Study (Fireside)
- 1:30 p.m. Global Mission Ministry Team (Room 123)

### Saturday, February 21

- 8:30 a.m. Agora Discipleship Academy (Community Room)
- 8:30 a.m. Downtown Choral Festival Rehearsal (Sanctuary)

### Sunday, February 22

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Global Mission Forum (Elbow Room)
- 9:45 a.m. Lifelong Learning Forum (Community Room)
- 9:45 a.m. Nominating Committee (Room 217)
- 9:45 a.m. AGORA Ministry Team (Fireside)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 10:40 a.m. Central Choristers Rehearsal (Room 128)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:15 a.m. Ivory Coast Worship Service (Community Room)
- 12:15 p.m. New Member Luncheon (Room 123)
- 3:00 p.m. Downtown Churches Choral Festival:  
Everlasting Light (Sanctuary)
- 4:30 p.m. Choral Festival Reception (Fellowship Hall)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 6:15 p.m. Baptism Family Gathering (Fireside)
- 7:00 p.m. Evening Prayer  
with Holy Communion (Sanctuary)**  
*followed by fellowship in South Commons*

To make additions or corrections to this calendar, contact Erica Doss at 612-767-9213, or email [edoss@centralmpls.org](mailto:edoss@centralmpls.org)

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ



## Today

The Upper Room (Room 206) is open at 7:30 a.m. each Sunday morning for anyone seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:45 a.m.

Hear Jack Munday present *Same-Gender Couples at Church - Any Widening of the Welcome Mat?* in a Twin Cities Peace with Justice Forum at 12:30 today in Fellowship Hall. Munday is the author of the book *Hate is Sin: Putting Faces on the Debate over Human Sexuality*. The book paints portraits of faith of gay and lesbian persons and presents both sides of the argument. Munday will focus primarily on the climate for same gender couples in ELCA congregations. He received a Master of Theology Degree from Princeton Theological Seminary in 1988 and currently works as a patent attorney. Lunch is available for \$7.00. Parking is free.

## The Downtown Minneapolis Church Choir Festival

Sunday,  
February 22, 2009  
3:00 p.m.

Join Dr. Patrick Keifert from Luther Seminary Sunday today at 9:45 a.m. in Room 123 as he shares *We are here now: How the Church will thrive in the 21st Century*. Keifert suggests the need of every congregation to attend to the changing community and the changing world around us, and imagine a future that may not look quite like the present. He is Professor of Systematic Theology at Luther Seminary, and President and Director of Research of Church Innovations Institute, a church-related non-profit organization that seeks to innovate churches' capacities to thrive in the 21st century.

Join Dr. Nalini Arles, visiting professor at Luther Seminary, today in the Community Room at 9:45 a.m. as he shares *Christian Dalit Theology*. The Dalit are commonly referred to as the untouchables. Arles is Professor of Pastoral Counseling at the United Theological College (UTC) in Bangalore, India. While at Luther Seminary, Dr. Arles will teach and conduct research. He will also speak at various congregations.

## At the **INFO DESK**

**Shrove Tuesday at Central...with a Touch of Mardi Gras** returns on **February 24, 2009, from 5:30-8:00 pm.** This congregational event features traditional southern gumbo and pancakes, the Stompin' Dixie Dixieland Band and fun! A punch reception in South Commons kicks off the event, followed by a jazzy processional to Fellowship Hall for food, fun and music. The evening concludes with a shriving ritual which will move us from our celebration into the silence of Ash Wednesday. Purchase your tickets today in the South Commons: \$7/adult or \$5/child, with a family cap of \$25. Don't miss this festive evening before the Lenten fast begins! Festive and fun attire is encouraged!

Stop in South Commons today and donate to the Sunday School children's annual **Hygiene Kit** project. Kits will be assembled for the Augsburg Nursing Center. You may contribute hygiene items or money. Contribute today through March 1. Stop at the Info Desk to learn more!

**Quilt packets** will be available today for Lutheran World Relief. Stop by to pick up a packet. Follow the instructions to assemble a quilt top and bring it back for Lutheran World Relief quilts.



## Next Sunday

Join William and Margaret Obaga February 22 at 9:45 for **Kenya—My Land, My Church—Present and Prospect.** Margaret Obaga has been director of the Women's Desk of the Kenya Evangelical Lutheran Church. She has been involved with Lutheranism globally for two decades. Margaret hopes to teach and work with women and communities in Kenya. William Obaga is affiliated with the Kenyan Evangelical Lutheran Church. Prior to coming to Luther Seminary, William taught high school music, choral and orchestral conducting and directed music in his home congregation (Nairobi International Lutheran Congregation).

Lisa Gidlow Moriarty from Paths of Peace ([www.pathspeace.com](http://www.pathspeace.com)) will speak about the use of **labyrinths in one's personal spiritual journey** Sunday, February 22 at 9:45 a.m. Ms. Moriarty is an advanced Veriditas certified labyrinth facilitator and president of The Labyrinth Society, an international organization devoted to labyrinths. Ms. Moriarty is a labyrinth designer, consultant and builder of both permanent and canvas labyrinths for 10 years, with labyrinths across the USA and in Europe, and many local permanent installations. Two of her canvas labyrinths are resources of the ELCA Eastern MN Resource Center and another is owned by Luther Seminary. Come and learn more about labyrinths and how and where to use Central's new labyrinth! Sponsored by the Prayer, Spirituality, and Meditation Ministry Team.

## Notices & Upcoming Events

The **Prayer Shawl Ministry Team** has shawls ready to give away. Wearing a shawl woven with prayers by the knitter can comfort an ill or bereaved person or encourage someone in crisis. If you know of someone who would benefit from this sign of Christian caring, please notify one of our visitation pastors or call the Church Office. More knitters are also needed to continue this ministry. If you are available to help, call Bobbie Spradley (651-687-9145) for more information.

Are you interested in providing help to someone grieving the death of a loved one? **The Downtown Coalition for Grief Support** needs additional facilitators to lead small group discussions Saturday mornings. We will be holding a training session on Saturday, March 21. Please contact Joan VanWirt at (612) 333-3273 for more information.

The **Nominating Committee** is seeking names of members who might be qualified and willing to fill one of the following positions: Church Council President, Secretary and Member-at-Large. Members are also needed to serve on the Audit Committee, as voting members to the Synod Assembly and Nominating Committee. Suggestions may be submitted on forms available at the Church Office.

Lent begins February 25. If you who would like an author for a spiritual guide along the way, the following titles are available for \$12.99 from the Luther Seminary Bookstore, Amazon.com and AugsburgFortress.org. If you select a companion book, let the pastors know which title you have picked, and they will share others at central joining your 40-Day Lenten journey.

### Select a companion for your journey:

- "40-day journey with Martin Luther"
- "40-day journey with Joan Chittister"
- "40-day journey with Dietrich Bonhoeffer"
- "40-day journey with Kathleen Norris"
- "40-day journey with Gerard Manley Hopkins"
- "40-day journey with Madeleine L'Engle"
- "40-day journey with Parker J. Palmer"
- "40-day journey with Julian of Norwich"

### DAILY LECTIONARY

<b>Sunday, February 15</b> - 2 Kings 5:1-14; Psalm 30; 1 Corinthians 9:24-27; Luke 6:17-26	<b>Thursday, February 19</b> - Psalm 37:1-11, 39-40; Genesis 43:16-34; Romans 8:1-11
<b>Monday, February 16</b> - Psalm 120; 2 Kings 24:18-25:21; 1 Corinthians 15:20-34	<b>Friday, February 20</b> - Psalm 37:1-11, 39-40; Genesis 44:1-17; 1 John 2:12-17
<b>Tuesday, February 17</b> - Psalm 120; Ezra 1:1-11; 2 Corinthians 1:12-19	<b>Saturday, February 21</b> - Psalm 37:1-11, 39-40; Genesis 44:18-34; Luke 12:57-59
<b>Wednesday, February 18</b> - Psalm 120; Jeremiah 22:11-17; Luke 11:37-52	<b>Sunday, February 22</b> - 2 Kings 2:1-12; Psalm 50:1-6; 2 Corinthians 3:12-4:2; Luke 9:28-36 [37-43]

## Health & Wellness

**Augsburg Nursing Center** is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

**Downtown Coalition for Grief Support** meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. On Saturday, February 21 hear Lois Untinen share her personal story about spousal loss. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows from 10:30 a.m. to 11:30 a.m. For more information, contact Joan VanWirt at (612) 333-3273.

## Discipleship Opportunities

More than 22,000 youth are homeless in Minnesota every year. Where do they sleep? What can be done to prevent this? How can I help? Consider attending the **Youth Homelessness Film Screening Discussion** Sunday, February 22, 12:15-2:15 p.m. at Plymouth Congregational Church. Hear Lee Blons, Executive Director of Plymouth Church Neighborhood Foundation, and take part in the discussion.

The Basilica of St. Mary will be hosting **Is it Possible to End Homelessness?** February 22 from 1:15-2:30 p.m. Join the discussion and learn what you can do to end homelessness.

Consider being part of the **Shrove Tuesday "work crew."** Workers are needed to help decorate and set up, and then tear down and clean up at the end, which includes washing dishes with Council President Dick Shinofield. Contact Karen Knox for information.



## Music News

More than 400 voices from seven downtown Minneapolis churches will join voices at Central to present **Everlasting Light**, Sunday, February 22 at 3:00 p.m. This year, the massed ensemble will present John Rutter's "Hymn to the Creator of Light," the Dona nobis pacem from Bach's Mass in B Minor, Gerald Near's "Lumen de lumine" commissioned for the 2003 festival and this year's commission "The Light of the Lord" by San Francisco-based composer David Conte. Individual choirs will present works by Eric Whitacre, Gustav Holst, Morten Lauridsen, Tobin Stokes, Ned Rorem, Mark Sedio and a spiritual arranged by Moses Hogan. Music for handbells and brass will also be part of the event and a reception will follow. Participating congregations include the Basilica of St. Mary, St. Olaf Catholic Church, Hennepin Avenue United Methodist, Central Lutheran Church, Westminster Presbyterian Church, Plymouth Congregational Church and St. Mark's Cathedral. For more information or to be part of the hospitality team for this event, contact the Church Office at (612) 870-4416.

### CENTRAL LUTHERAN CHURCH

in the heart of the city, welcomes all  
people to celebrate, discover and  
share the love of Christ  
[www.centralmpls.org](http://www.centralmpls.org)



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