

# Spirit Weekly

January 25, 2009

## CENTRAL CALENDAR

### Sunday, January 25

- 7:30 a.m. Upper Room Open (Room 206)  
**8:30 a.m. Holy Communion (Sanctuary)**  
9:30 a.m. Augsburg Nursing Center (Nursing Center)  
9:45 a.m. Sunday School Classes (begin in Room 222)  
9:45 a.m. Confirmation Class (Lower Narthex)  
9:45 a.m. Senior High Youth Group (Youth Room)  
10:00 a.m. Agora Ministry Team (Fireside)  
**11:00 a.m. Holy Communion (Sanctuary)**  
11:15 a.m. Ivory Coast Worship Service (Community Room)  
6:00 p.m. 8 – 80 AA (Community Room)  
**7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**  
*followed by fellowship in South Commons*

### Monday, January 26 - Building Closes at 6:00 p.m.

- 9:30 a.m. Clothes Closet Worship (Fellowship Hall)  
10:00 a.m. Clothes Closet (Community Room)  
10:30 a.m. Clothes Closet Meal (Fellowship Hall)  
12:30 p.m. Nursing Center Advising Committee (Fireside)

### Tuesday, January 27 - Building Closes at 7:30 p.m.

- 10:15 a.m. Staff Meeting (Room 123)  
6:00 p.m. Community Outreach Ministry Team (Fireside)

### Wednesday, January 28

- 6:00 p.m. Bell Choir Rehearsal (Sanctuary)  
6:15 p.m. Central Choristers Rehearsal (Room 128)  
7:15 p.m. Central Choir Rehearsal (Choir Room)

### Thursday, January 29

- 1:00 p.m. Clothes Closet (Community Room)  
6:15 p.m. Nominating Committee (Fireside)  
7:00 p.m. Ivory Coast Bible Study (Elbow Room)  
7:30 p.m. Central Pacific AA (Fellowship Hall)

### Friday, January 30

- 12:00 p.m. Downtown Bible Study (Fireside)

### Saturday, January 31

- 9:30 a.m. Minneapolis Brass Rehearsal (Choir Room)

### Sunday, February 1

- 7:30 a.m. Upper Room Open (Room 206)  
7:50 a.m. Central Choristers Rehearsal (Room 128)  
**8:30 a.m. Holy Communion (Sanctuary)**  
9:30 a.m. Augsburg Nursing Center (Nursing Center)  
9:45 a.m. Sunday School Classes (begin in Room 222)  
9:45 a.m. Confirmation Class (Lower Narthex)  
9:45 a.m. Senior High Youth Group (Youth Room)  
9:45 a.m. Global Mission/  
Lifelong Learning Forum (Community Room)  
**11:00 a.m. Holy Communion (Sanctuary)**  
11:15 a.m. Ivory Coast Worship Service (Community Room)  
6:00 p.m. 8 – 80 AA (Community Room)  
**7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**  
*followed by fellowship in South Commons*

To make additions or corrections to this calendar, contact Erica Doss at 612-767-9213, or email [edoss@centralmpls.org](mailto:edoss@centralmpls.org)

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ

## Today

The Upper Room (Room 206) is open at 7:30 a.m. each Sunday morning for anyone seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:45 a.m. This morning's fellowship is hosted by Central's Congregation Council.

During the **South Commons and restrooms remodel**, please find alternative restrooms by following the signs posted.

Get involved in **Social Justice!** Take your activism to the next level by attending a training on how to be an effective messenger on Social Justice legislation at Plymouth Congregational Church today from 12:15 p.m. to 2:00 p.m. Local organizers will share effective techniques and strategies to get our voices heard in the political arena. Then take your training and message to your legislators at the State Capitol on February 3 for the Joint Religious Legislative Coalition Day on the Hill. Register at [www.jrlc.org](http://www.jrlc.org). The fee is \$30.

## 5 Adopted Priorities for 2008 & 2009 from the Mission/Vision Implementation Task Force

**1 Increase reach of worship**  
*Worship Attendance, Public Events  
Public Relations & Hospitality*

**2 Ongoing development of community ministries**  
*Cooperative efforts at assistance,  
dedicated facilities, empowerment,  
connections, affordable  
housing issues*

**3 Discover & encourage further use of the talents, gifts, and passions of disciples at Central**  
*Increased service opportunities,  
spiritual gifts inventories, new  
ministry teams*

**4 Continued communication channels among members, leaders, staff & community**  
*Newsletter, webtools,  
forums, brochures*

**5 Work to create a healthy culture of personal financial giving as a vital aspect of discipleship**

**WomenSpirit**, the ecumenical collaboration of 11 Twin Cities organizations supporting women on their spiritual journey, offers program three in its series *Speak Out: Preventing War; Creating Peace with a DVD showing of "Women, Power, Peace"* by Sister Joan Chittister, OSB. Chittister is a Benedictine nun from Erie, PA and co-chair of the UN-sponsored Global Peace Initiative of Women. The DVD showing and small group discussion will be held today from 2:00 p.m. to 4:00 p.m. at Plymouth Congregational Church, Minneapolis. Admission is \$10 adults, \$5 with a student ID. For more information please go online to [www.WomenSpirit-twin-cities.org](http://www.WomenSpirit-twin-cities.org).

## Health & Wellness

**Augsburg Nursing Center** is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

**Downtown Coalition for Grief Support** meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. On Saturday, January 31 hear Michael Summerfield share *Working through the pain of grief and loss*. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows from 10:30 a.m. to 11:30 a.m. For more information, contact Joan VanWirt at (612) 333-3273.

## At the **INFO DESK**

You are invited to join the **Older Wiser Lutheran Seniors (OWLS)** at the Old Log Theater on Wednesday, February 11, for *Unnecessary Farce* a comic romp about a sting operation gone haywire. Lunch is served at 11:30 a.m. with the performance at 1:30 p.m. Tickets are \$25. The motorcoach leaves Central at 11:00 a.m. Reservations can be made in South Commons today and February 1.



## Next Sunday

Join Vivian Jenkins Nelsen Sunday, February 1 at 9:45 a.m. to hear about **Central's Partnership with Jordan New Life Community Church**. Jordan New Life is an ELCA mission start in a lower-income, multi-cultural part of North Minneapolis. Come and hear how Central contributes to Jordan New Life and its One-Stop Family Support Center, a ministry that serves low-income people of color, and new immigrants who have a person with disabilities in their family. The Center seeks to empower families by providing a welcoming environment that is both respectful and supportive of families. Vivian Jenkins Nelsen is a consultant and facilitator on diversity issues, and a lay leader at Jordan New Life. This forum is sponsored by the Lifelong Learning and Global Mission Ministry Teams.

The **Nominating Committee** is seeking names of members who might be qualified and willing to fill one of the following positions: Church Council President, Secretary and Member-at-Large. Members are also needed to serve on the Audit Committee and as voting members to the Synod Assembly. Please think - and pray - about possible candidates and details on how to make your suggestions will be available next Sunday.

## Notices & Upcoming Events

Did you know that Minnesota has resettled approximately 80,000 refugees since 1979? In 2007 Minnesota welcomed 3,198 refugees. There are more than 14 million refugees in the world today. February 8 will be **Refugee Sunday at Central**. It will be a chance to reflect on God's call to welcome the strangers in our midst, a chance to learn more about refugees and refugee issues, and an opportunity to give to the Refugee Emergency Fund through the Minnesota Council of Churches. Between services in the Fireside Lounge Central will host a refugee speaker and a staff member of the Minnesota Council of Churches.

**Red Rehwaldt** will speak about issues with **Minnesota Public Education** at the monthly Men's Fellowship breakfast beginning at 8:00 a.m. Saturday, February 7 in Fellowship Hall. Red was superintendent in Mankato and Rosemount-Apple Valley-Egan schools. He also spent time at Albert Lea and Roseville Schools as principal. Hear Rehwaldt and join in the fellowship!

The **New Member/Discipleship Ministry Team** invites anyone interested in joining Central or learning more about the church to attend a one-day new member session February 8. Come to Worship at 8:30 a.m. and attend the session from 9:45 a.m. to 1:30 p.m. Lunch will be served.

To share a **prayer request**, you may submit a completed pew-card in the offering plate or give to a worship leader. Contact Bette Schuldt at (763) 588-8594 or email Jeni Hill at [jhill@centralmpls.org](mailto:jhill@centralmpls.org).

Listen to Central's **Sunday service on the Internet!** Our radio partner WDGY 740AM broadcasts our morning service over the air and on the web. Just go to [www.wdgyradio.com](http://www.wdgyradio.com) and click on the "Listen Live" link. The service is only available at 11:00 a.m.



## Music News

**Come, Join the Song!** January is a perfect time to join one of Central's choral ensembles. The **Central Choir** rehearses each Wednesday from 7:15 to 9:00 p.m. in the Choir Room and sings regularly at the 11:00 a.m. worship service and occasionally at the 8:30 a.m. service. Special events this spring include the biennial Downtown Churches Choral Festival on Sunday, February 22 - choirs from seven of our neighboring congregations will join together to perform works by Bach, Rutter, Near and a new work by David Conte (San Francisco) commissioned specially for the event. The choir will also be joined by members of the Metropolitan Symphony to celebrate Central's 90th anniversary on May 17 with a festival Te Deum. No auditions are necessary but note reading abilities are extremely helpful. If interested, please contact Central's Director of Music, Mark Sedio at (612) 767-9230 or by e-mail [msedio@centralmpls.org](mailto:msedio@centralmpls.org). Or simply come to one of our regular Wednesday evening rehearsals.

## DAILY LECTIONARY

**Sunday, Jan. 25** - Jonah 3:1-5, 10;  
Psalm 62:5-12; 1 Corinthians 7:29-31;  
Mark 1:14-20

**Monday, Jan. 26** - Psalm 46;  
Genesis 12:1-9; 1 Corinthians 7:17-24

**Tuesday, Jan. 27** - Psalm 46;  
Genesis 45:25-46:7

**Wednesday, Jan. 28** - Psalm 46;  
Proverbs 8:1-21; Mark 3:13-19a

**Thursday, Jan. 29** - Psalm 111;  
Deuteronomy 3:23-29; Romans 9:6-18

**Friday, Jan. 30** - Psalm 111;  
Deuteronomy 12:28-32; Revelation 2:12-17

**Saturday, Jan. 31** - Psalm 111;  
Deuteronomy 13:1-5; Matthew 8:28-9:1

**Sunday, Feb. 1** - Deuteronomy 18:15-20;  
Psalm 111; 1 Corinthians 8:1-13;  
Mark 1:21-28



On February 1, Central junior and senior high youth will participate in a **Souper Bowl of Caring**. This project is designed to transform Super Bowl weekend into the nation's largest youth-led weekend of giving and serving. Following the 8:30 a.m. and 11:00 a.m. services on February 1, youth will collect your Souper Bowl Donations to be distributed to Central's Clothes Closet for purchasing such essential items as towels, sheets, blankets and underwear. Look for our youth who will be holding soup pots after worship to collect your donations. (Checks may be made payable to Central Lutheran). Remember even a dollar will make a difference for our Clothes Closet community members! Thank you, in advance, for your partnership with our youth in helping to combat hunger and poverty in our world. Please contact Amanda Highben if you have any questions.

## Discipleship Opportunities

Do you want to help light up the cold dark winter nights in our community? Central is invited to join St. Mark's Episcopal Church and their outreach ministry. **Aeon Homes** is looking for six to 15 volunteers to hang lights outdoors in South Minneapolis on Saturday, January 31 beginning at 9:30 a.m. Hot chocolate and treats will follow indoors!! If you are interested, contact Lynn Gilligan at (612) 805-4055; [lynn.gilligan@macys.com](mailto:lynn.gilligan@macys.com) or Karen Knox at (612) 767-9211; [kknox@centralmpls.org](mailto:kknox@centralmpls.org).

*All Weekly Spirit announcements are due by 2 p.m.  
Monday of each week.*

*Please submit announcement requests to  
Kelly Bartnick at [kbartnick@centralmpls.org](mailto:kbartnick@centralmpls.org)  
or on forms available at the Church Office.*

Singers are also welcomed to join our men's ensemble - **the Männerchor**. Rehearsals take place once or twice a month with the choir singing at one Sunday every four to five weeks. Again, note reading abilities are extremely helpful. Any tenors or basses interested should contact Mark Sedio as soon as possible (612) 767-9230 or email [msedio@centralmpls.org](mailto:msedio@centralmpls.org).

## CENTRAL LUTHERAN CHURCH

*in the heart of the city, welcomes all  
people to celebrate, discover and  
share the love of Christ*  
[www.centralmpls.org](http://www.centralmpls.org)



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