

CENTRAL CALENDAR

Sunday, January 18

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Lifelong Learning Forum (Room 123)
- 9:45 a.m. Global Mission Forum (Community Room)
- 9:45 a.m. Sunday Morning Coffee Ministry Meeting (Fireside)
- 9:45 a.m. Fellowship Time (Fellowship Hall)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:00 a.m. Ivory Coast Worship Service (Community Room)
- 12:30 p.m. Peace with Justice Forum (Fellowship Hall)
- 3:00 p.m. Salt of the Earth Storytellers (Fireside)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

Monday, January 19

Building Closed – Dr. Martin Luther King Jr. observance

Tuesday, January 20

- 10:15 a.m. Staff Meeting (Room 123)
- 7:00 p.m. MSO Rehearsal (Fellowship Hall)

Wednesday, January 21

- 5:45 p.m. Central Children's Choir Rehearsal (Room 128)
- 6:00 p.m. Support Group: Dealing with Mental Illness in the Family (Fireside)
- 6:00 p.m. Bell Choir Rehearsal (Sanctuary)
- 6:30 p.m. Mannerchor Rehearsal (Choir Room)
- 7:15 p.m. Central Choir Rehearsal (Choir Room)

Thursday, January 22

- 1:00 p.m. Clothes Closet (Community Room)
- 5:30 p.m. Hospitality Ministry Team (Fireside)
- 7:00 p.m. Ivory Coast Bible Study (Elbow Room)
- 7:30 p.m. Central Pacific AA (Fellowship Hall)

Friday, January 23

- 12:00 p.m. Downtown Bible Study (Fireside)

Saturday, January 24

- 8:30am Agora Discipleship Academy (Community Room)

Sunday, January 25

- 7:30 a.m. Upper Room Open (Room 206)
- 8:30 a.m. Holy Communion (Sanctuary)**
- 9:30 a.m. Augsburg Nursing Center (Nursing Center)
- 9:45 a.m. Congregation Council Forum & Fellowship Time (Fellowship Hall)
- 9:45 a.m. Sunday School Classes (begin in Room 222)
- 9:45 a.m. Confirmation Class (Lower Narthex)
- 9:45 a.m. Senior High Youth Group (Youth Room)
- 9:45 a.m. Lifelong Learning Forum (Room 123)
- 9:45 a.m. Global Mission Forum (Community Room)
- 10:00 a.m. AGORA Ministry Team (Fireside)
- 11:00 a.m. Holy Communion (Sanctuary)**
- 11:00 a.m. Ivory Coast Worship Service (Community Room)
- 6:00 p.m. 8 – 80 AA (Community Room)
- 7:00 p.m. Evening Prayer with Holy Communion (Sanctuary)**
followed by fellowship in South Commons

To make additions or corrections to this calendar, contact Erica Doss at 612-767-9213, or email edoss@centralmpls.org

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ



Today

The Upper Room (Room 206) is open at 7:30 a.m. each Sunday morning for anyone seeking a quiet place for meditation. The Upper Room is sponsored by the Prayer, Spirituality and Meditation Ministry Team.

Join us in Fellowship Hall this morning for **coffee and fellowship** at 9:45 a.m.

God's Healing Hand at Work in Bangladesh, a fresh eye-witness account of the work of Lutheran Health Care Bangladesh (LHCB) will be presented at 9:45 in the Community Room today. LHCB was founded at Central, and members have been partners since the beginning. Doctors Bud Peterson, Mead Cavert and pastoral staff led the founding work. The clinic has grown into a 25-bed hospital (soon to be 50) with a laboratory, pharmacy and operating theatre. Health services have expanded to include health education, outpatient and mobile clinics, immunization and general surgery. Presenters include Dr. Karna Lundquist M.D. and Karin Robeck RN, Pediatric Intensive Care nurse who were part of a group who operated, taught and observed in a trip to Bangladesh in November 2008.



Hear Rev. Nancy Maeker from the Minnesota Council of Churches share *A Minnesota Without Poverty* at 9:45 a.m. today in Room 123. A Minnesota Without Poverty is a statewide, interfaith movement to end poverty in Minnesota by 2020, and a program of Minnesota Council of Churches. People of faith from all over our state—public leaders, business people, educators, ordinary citizens of faith—are coming together to respond to God's call to make this vision a reality. Maeker is a former Associate Pastor at Central who directs the initiative.

During the **South Commons and restrooms remodel**, please find alternative restrooms by following the signs posted.

Join Chris Morton from the Minnesota Council of Churches speak about his involvement in the National Religious Campaign Against Torture today in a **Twin Cities Peace with Justice Forum**. The event will be held from 12:30 to 2:00 p.m. in Fellowship Hall. Lunch is available for \$7.00. The campaign against torture is a growing membership committed to ending U.S.-sponsored torture. More than 200 religious groups from various religions now make up the group. This forum series is sponsored by the ELCA Minneapolis and Saint Paul Area Synods Peace with Justice Committee.

Health & Wellness

Augsburg Nursing Center is open from 9:30 a.m. to 11:00 a.m. today. Stop by for a blood pressure screening or to ask general health questions.

Downtown Coalition for Grief Support meets at Hennepin Avenue United Methodist Church, 511 Groveland Ave. On Saturday, January 24 hear Dick Anderson share *Grief and Anxiety*. Refreshments begin at 9:30 a.m., the speaker begins at 10:00 a.m. and a group discussion follows from 10:30 a.m. to 11:00 a.m. For more information, contact Joan VanWirt at (612) 333-3273.

At the **INFO DESK**

February is Heart Health Month. The Health Ministry Team and CLCW are partnering for an intergenerational **ladies and girls overnight retreat**, Friday February 6 to Saturday, February 7. You are not required to stay overnight at the church. Emotional, spiritual and physical (ESP) healthy hearts are an initiative of the ELCA women. Marytina Lawrence will be helping us look at heart health through God's image during the event. We will make our own healthy heart meals. There will also be fellowship and other activities. Cost is \$15.00. Sign up beginning in South Commons. Contact Cheryl Smoot, cangsmoot@msn.com, or Marie Wiegert, (612) 724-3017 or mariewiegert@hotmail.com.

You are invited to join the **Older Wiser Lutheran Seniors (OWLS)** at the Old Log Theater on Wednesday, February 11, for *Unnecessary Farce* a comic romp about a sting operation gone haywire. Lunch is served at 11:30 a.m. with the performance at 1:30 p.m. Tickets are \$25. The motorcoach leaves Central at 11:00 a.m. Reservations can be made in South Commons today January 25, and February 1.

Next Sunday

WomenSpirit, the ecumenical collaboration of 11 Twin Cities organizations supporting women on their spiritual journey, offers program three in its series *Speak Out: Preventing War; Creating Peace with a DVD showing of "Women, Power, Peace"* by Sister Joan Chittister, OSB. Chittister is a Benedictine nun from Erie, PA and co-chair of the UN-sponsored Global Peace Initiative of Women. The DVD showing and small group discussion will be held Sunday, January 25 from 2:00 to 4:00 p.m. at Plymouth Congregational Church, Minneapolis. Admission is \$10 adults, \$5 with a student ID. For more information please go online to www.WomenSpirit-twincities.org.

Notices & Upcoming Events

Calling all Central men! **Red Rehwaldt** will speak about issues with **Minnesota Public Education** at the monthly Men's Fellowship breakfast beginning at 8:00 a.m. Saturday, February 7 in Fellowship Hall. Red was superintendent in Mankato and Rosemount-Apple Valley-Egan schools. He also spent time at Albert Lea and Roseville Schools as principal. Hear Rehwaldt and join in the fellowship!

The **New Member/Discipleship Ministry Team** invites anyone interested in joining Central or learning more about the church to attend a one-day new member session February 8. Come to Worship at 8:30 p.m. and attend the session from 9:45 a.m. to 1:30 p.m. Lunch will be served.

To share a **prayer request**, you may submit a completed pew-card in the offering plate or give to a worship leader. Contact Bette Schuldt at (763) 588-8594 or email Jeni Hill at jhill@centralmpls.org.

Listen to Central's **Sunday service on the Internet!** Our radio partner WDCY 740AM broadcasts our morning service over the air and on the web. Just go to www.wdgyradio.com and click on the "Listen Live" link. The service is only available at 11:00 a.m.

Music News

Come, Join the Song! January is a perfect time to join one of Central's choral ensembles. The **Central Choir** rehearses each Wednesday from 7:15 to 9:00 p.m. in the Choir Room and sings regularly at the 11:00 a.m. worship service and occasionally at the 8:30 a.m. service. Special events this spring include the biennial Downtown Churches Choral Festival on Sunday, February 22 – choirs from seven of our neighboring congregations (some 400 singers!) will join together to perform works by Bach, Rutter, Near and a new work by David Conte (San Francisco) commissioned specially for the event. The choir will also be joined by members of the Metropolitan Symphony to celebrate Central's 90th anniversary on May 17 with a festival Te Deum. No auditions are necessary but note reading abilities are extremely helpful. If interested, please contact Central's Director of Music, Mark Sedio at (612) 767-9230 or by e-mail msedio@centralmpls.org. Or simply come to one of our regular Wednesday evening rehearsals.

Singers are also welcomed to join our men's ensemble – **the Männerchor**. Rehearsals take place once or twice a month with the choir singing at one Sunday every four to five weeks. Again, note reading abilities are extremely helpful. Any tenors or basses interested should contact Mark Sedio as soon as possible (612) 767-9230 or email msedio@centralmpls.org.



On February 1, Central junior and senior high youth will participate in a **Souper Bowl of Caring**. This project is designed to transform Super Bowl weekend into the nation's largest youth-led weekend of giving and serving. Following the 8:30 a.m. and 11:00 a.m. services on February 1, youth will collect your Souper Bowl Donations to be distributed to Central's Clothes Closet for purchasing such essential items as towels, sheets, blankets and underwear. Look for our youth who will be holding soup pots after worship to collect your donations. (Checks may be made payable to Central Lutheran). Remember even a dollar will make a difference for our Clothes Closet community members! Thank you, in advance, for your partnership with our youth in helping to combat hunger and poverty in our world. Please contact Amanda Highben if you have any questions.

Discipleship Opportunities

Do you want to help light up the cold dark winter nights in our community? Central is invited to join St. Mark's Episcopal Church and their outreach ministry. **Aeon Homes** is looking for six to 15 volunteers to hang lights outdoors in South Minneapolis on Saturday, January 31 beginning at 9:30 a.m. Hot chocolate and treats will follow indoors!! If you are interested, contact Lynn Gilligan at (612) 805-4055; lynn.gilligan@macys.com or Karen Knox at (612) 767-9211; kknox@centralmpls.org.

Get involved in **Social Justice!** Take your activism to the next level by attending a training on how to be an effective messenger on Social Justice legislation at Plymouth Congregational Church Sunday, January 25 from 12:15 p.m. to 2:00 p.m. Local organizers will share effective techniques and strategies to get our voices heard in the political arena. Then take your training and message to your legislators at the State Capitol on February 3 for the Joint Religious Legislative Coalition Day on the Hill. Register at www.jrlc.org. Fee \$30.

All Weekly Spirit announcements are due by 2 p.m. Monday of each week.

Please submit announcement requests to Kelly Bartnick at kbartnick@centralmpls.org or on forms available at the Church Office.

DAILY LECTIONARY

Sunday, Jan. 18 - 1 Samuel 3:1-10 [11-20];
Psalm 139:1-6, 13-18; 1 Corinthians 6:12-20;
John 1:43-51

Monday, Jan. 19 - Psalm 86;
1 Samuel 9:27-10:8; 2 Corinthians 6:14-7:1

Tuesday, Jan. 20 - Psalm 86;
1 Samuel 15:10-31; Acts 5:1-11

Wednesday, Jan. 21 - Psalm 86;
Genesis 16:1-14; Luke 18:15-17

Thursday, Jan. 22 - Psalm 62:5-12;
Jeremiah 19:1-15; Revelation 19:1-15

Friday, Jan. 23 - Psalm 62:5-12;
Jeremiah 20:7-13; 2 Peter 3:1-7

Saturday, Jan. 24 - Psalm 62:5-12;
Jeremiah 20:14-18; Luke 10:13-16

Sunday, Jan. 25 - Jonah 3:1-5, 10;
Psalm 62:5-12; 1 Corinthians 7:29-31;
Mark 1:14-20

CENTRAL LUTHERAN CHURCH

in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ
www.centralmpls.org



333 South Twelfth Street • Minneapolis, MN 55404
Office: 612-870-4416 • Info-line: 612-767-9101
Printed on 30% recycled material.
Please recycle, don't toss!