

# HOLY COMMUNION

with prayer and anointing for healing



*Jesus heals Peter's mother-in-law*  
February 8, 2009 + 8:30 & 11:00 a.m.

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*Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ*

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## ***Jesus is the rest who brings us daily strength***

*In Isaiah it is the one God who sits above the earth and numbers the stars—it is that God who strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up to health and diakonia. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.*

## GATHERING

*This past Tuesday  
(February 3) marked the 200th  
anniversary of  
German composer  
Felix Mendelssohn's birth.*

### PRELUDE

*"Adagio" from First Organ Sonata*

*Felix Mendelssohn*

*The carillon calls the assembly to worship.*

*At the sound of the carillon, the assembly stands and faces the entrance.*

### OPENING HYMN

*"God, Whose Almighty Word"*

*(hymn) 673*

*stanza 3 in harmony*

### GREETING

**P** The people who walked in darkness have seen a great light!

Grace to you, and peace from God who shines among us.

**All** And also with you.

*This song of the angels from  
Christmas continues to  
announce the good news of  
God's presence with us.*

### GLORY TO GOD



Glo-ry to God in the high-est, and peace to God's peo-ple on earth.



Lord God, heav-en-ly King, al - might-y God and Fa - ther, we



wor-ship you, we give you thanks, we praise you for your glo - ry.



Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God,  
 you take a-way the sin of the world: have mer-cy on us;  
 you are seat-ed at the right hand of the Fa-ther: re-ceive our prayer.  
 For you a-lone are the Ho-ly One, you a-lone are the Lord,  
 you a-lone are the Most High, Je-sus Christ, with the Ho-ly Spir-it,  
 in the glo-ry of God the Fa-ther. A - men.

**PRAYER OF THE DAY**

☞ ...one God, now and forever.

🔊 Amen.

**WORD**

**CHILDREN'S MESSAGE**

*Children are invited to come forward; parents are welcome to come with their children.*

**FIRST READING** *The Creator cares for the powerless*

Isaiah 40:21-31

Have you not known? Have you not heard?  
 Has it not been told you from the beginning?  
 Have you not understood from the foundations of the earth?  
<sup>22</sup>It is he who sits above the circle of the earth,  
 and its inhabitants are like grasshoppers;  
 who stretches out the heavens like a curtain,  
 and spreads them like a tent to live in;  
<sup>23</sup>who brings princes to naught,  
 and makes the rulers of the earth as nothing.  
<sup>24</sup>Scarcely are they planted, scarcely sown,  
 scarcely has their stem taken root in the earth,  
 when he blows upon them, and they wither,  
 and the tempest carries them off like stubble.  
<sup>25</sup>To whom then will you compare me,  
 or who is my equal? says the Holy One.  
<sup>26</sup>Lift up your eyes on high and see:  
 Who created these?  
 He who brings out their host and numbers them,  
 calling them all by name;

*God speaks to us in  
 scripture reading,  
 preaching,  
 and song*

*The Judeans in exile have a  
 good reason to be hopeful: the  
 one who will bring them to  
 freedom is the God who created  
 the world, the God who  
 subdues the rulers of the earth  
 and gives strength to those  
 who are weary.*



Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals them and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.



ELW uses an updated ecumenical form of the Apostles' Creed.

## GOSPEL

*The healing of Peter's mother-in-law*

Mark 1:29-39

The holy gospel according to Mark.

**AI** **Glory to you, O Lord.**

As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup>Now Simon's mother-in-law was in bed with a fever, and they told him about her at once.

<sup>31</sup>He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup>That evening, at sundown, they brought to him all who were sick or possessed with demons. <sup>33</sup>And the whole city was gathered around the door.

<sup>34</sup>And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

<sup>35</sup>In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup>And Simon and his companions hunted for him. <sup>37</sup>When they found him, they said to him, "Everyone is searching for you." <sup>38</sup>He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do."

<sup>39</sup>And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The gospel of the Lord.

**AI** **Praise to you, O Christ.**

## SERMON

Pastor Rick Nelson

"The Touch of Christ"

*silence for reflection*

## HYMN OF THE DAY

"Healer of Our Every Ill"

(hymn) 612

*refrain is sung by all,*

*verse 1 - all; 2 - women; 3 - men; 4 - all*

## APOSTLES' CREED

**A** We have been made God's people through our Baptism into Christ. Living together in trust and hope, we confess our faith.

**AI** **I believe in God, the Father almighty,  
creator of heaven and earth.**

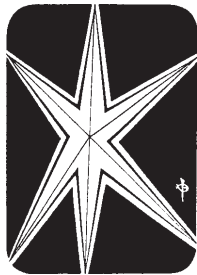
**I believe in Jesus Christ, God's only Son, our Lord.**

**who was conceived by the Holy Spirit  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

*God feeds us  
with the presence  
of Jesus Christ*



## PRAYERS OF INTERCESSION

**A** Rejoicing that the grace of God has been revealed in the birth of Jesus Christ, the light of the world, let us pray for the church, those in need, and all of God's creation.

*after each petition:*

Lord in your mercy,

**Al** **hear our prayer.**

**P** Trusting in your mercy, O saving God, we commend to you all for whom we pray, through the one born among us, Jesus Christ our Lord.

**Al** **Amen.**

## MEAL

### PEACE

**P** The peace of the Lord be with you always.

**Al** **And also with you.**

*The assembly is invited to share God's peace with one another.*

### GATHERING OF GIFTS

*While the collection is received lay ministers prepare the table.*

*The assembly stands as the procession reaches the chancel.*

#### **Anthem**

*"Svete tihy" (sung in Russian)*

*Pavel Chesnokov*

*Gladsome Light of the holy glory of the Immortal One—  
the heavenly Father, holy and blessed, Jesus Christ!*

*When we come to the setting of the sun, and behold the light of evening,  
we praise the Father, Son and Holy Spirit—God!*

*You are worthy at every moment to be praised in hymns and reverent voices.  
O Son of God, you are the giver of life: therefore all the world glorifies you!*

### Offertory Prayer

**A** Let us pray together:

**Al** **Blessed are you, O God, maker of all things.**

**Through your goodness you have blessed us with these gifts:  
our selves, our time, and our possessions.**

**Use us, and what we have gathered, in feeding the world with  
your love, through the one who gave himself for us,  
Jesus Christ, our Savior and Lord. Amen.**

### GREAT THANKSGIVING

**P** The Lord be with you.

**Al** **And also with you.**

**P** Lift up your hearts.

**Al** **We lift them to the Lord.**

**P** Let us give thanks to the Lord our God.

**Al** **It is right to give our thanks and praise.**



*All are invited to receive these gifts of God.*

*Grape juice and gluten-free bread are available upon request.*

*Children are welcome to receive communion or a blessing.*

*Communion at this service is served standing by individual chalices. Please follow the direction of the ushers to a communion station. You are invited to kneel following communion if you desire.*

**P** It is indeed right, our duty and our joy ... join their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, Lord God of pow'r and might,  
 heav'n and earth are full of your glo - ry.  
 Ho - san - na in the high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san - na in the high - est.

### Eucharistic Prayer

**Lord's Prayer (1975)**

**A** Our Father in heaven,  
 hallowed be your name, your kingdom come,  
 your will be done, on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of trial and deliver us from evil.  
 For the kingdom, the power, and the glory are yours,  
 now and forever. Amen.

### Breaking of the Bread and Invitation to the Table

**P** See, hear, come and dine!  
 The reign of heaven has come near!

### Communion

*"Everyone Suddenly Burst Out Singing"*

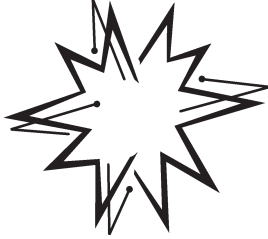
*Peter Willsher*

*Everyone suddenly burst out singing and I was filled with such delight,  
 As prisoned birds must find in freedom,  
 winging wildly across the white orchards and dark green fields.  
 On, on, and out of sight. Everyone's voice was suddenly lifted,  
 and beauty came like the setting sun.  
 My heart, my heart was shaken with tears. And horror drifted away.  
 Oh, but everyone was a bird, and the song was voiceless.  
 The singing will never be done.*

### Table Blessing and Prayer after Communion

**P** The body and blood of our Lord Jesus Christ  
 strengthen you and keep you in his grace.  
**A** Amen.  
**A** God of abundance,  
 you have fed us with the presence of Christ.  
 Use us as beacons of light  
 and bearers of Christ's love  
 for the sake of the whole world.  
 In Jesus' name we pray.  
**A** Amen.

*God blesses and sends us  
in mission to the world*



## SENDING

### INVITATION TO PRAYER AND ANOINTING FOR HEALING

#### BLESSING

**P** May the love of Jesus Christ,  
the light of the world,  
fill your hearts and illumine your path.

Almighty God, Father, † Son, and Holy Spirit,  
bless you now and forever.

**A** Amen.

#### RECESSIONAL HYMN

*(hymn) 665*

“Rise, Shine, You People!”

#### DISMISSAL

*Please face the entrance for the dismissal.*

**A** Go in peace. Your light has come.

**A** Thanks be to God.

*The carillon sends the assembly into mission.*

#### POSTLUDE

“Finale” from *First Organ Sonata*

*Felix Mendelssohn*

*Individual prayers for healing will be offered during the postlude  
as part of our ministry of healing.*

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**We welcome** the Coon Rapids Bel Canto Choir and their director Amy Johnson to our services today. Bel Canto will be singing at the annual convention of the Minnesota Music Educators Association taking place in Central’s sanctuary later this week.

**Sunday worship** is broadcast locally on WDGY (formerly WMIN) 740 AM at 11 a.m.; or listen online from anywhere at [wdgyradio.com](http://wdgyradio.com). To sponsor a Sunday morning radio broadcast or refreshments in honor or memory of a loved one or a special occasion, contact Julie Pinomaki at 612.767-9212.

## SERVING TODAY



Pastor D. Foy Christopherson	<i>presiding</i>
Pastor Rick Nelson	<i>preaching</i>
Allison Winblad	<i>assisting minister</i>
Cory Bryan	<i>intercessor</i>
Mark Sedio	<i>director of music/organist</i>
Bel Canto, Coon Rapids High School	<i>guest choir</i>
Amy B. Johnson	<i>director</i>
Jan Scovill	<i>accompanist</i>
Ann Oyen	<i>reader, 8:30</i>
David Molvik	<i>sound operator, 8:30</i>
Maggie Peterson	<i>reader, 11:00</i>
Mark Brodin	<i>sound operator, 11:00</i>
Richard Stegall	<i>sacristan</i>
Steve Langmo	<i>radio announcer</i>
Donald Moe, Sara Gunsch	<i>lead ushers</i>
Dick & Linda Shinofield, Joyce Anderson, Leon & Deanne Tibben, David Deonarine, Barb Hoernemann, Kris Stedje, Amanda Highben, Phil Ranheim, Kris Schoephoerster, Rick Johnston	<i>communion ministers</i>
Pastor Kristen Jacobson, Melvin & Lillian Weiss, Jeff Gordien, Mark Forsberg	<i>hosts and greeters</i>
David Nelson, Christopher Haug, Judy Bogard, Dave West, Richard Stegall	<i>seasonal worship team</i>

## WELCOME!



**Everyone is welcome.** As a community of the people of God, the members of Central Lutheran Church are called to welcome all people regardless of age, economic status, ethnic background, gender, physical or mental ability, race or sexual orientation. We affirm that in Christ “there is neither Jew nor Greek, there is neither slave nor free, there is neither male or female” (Galatians 3:28). Christ has made us one.

**Guests are welcome.** We are pleased you are worshiping with us today. We invite guests to complete the “Welcome to Central” card found in the pew racks and leave it with an usher or place it in the offering plate. If you would like more information about Central, please speak to a staff member or call the church at 612-870-4416.

**Children are welcome** at all services. Worship bulletins for children and activity bags are available at Sanctuary entrances. If you would prefer to use Central’s nursery (available for children ages four and younger), you will find it on the second floor of the Education Building. An usher will be glad to assist you.

**Welcome to the Lord’s Table.** All are welcome at the Lord’s Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to persons in designated access seating areas. If you are not in a designated access seating area and desire to commune where you are seated, please notify an usher who will direct communion ministers to come and serve you. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. Gluten-free breads and alcohol-free wine are available by request at most liturgies from most communion stations.

**We envision** becoming a thriving, vibrant model of urban Lutheran ministry for the 21<sup>st</sup> century. This lofty vision requires us to ask each day if our goals for worship, learning, and service are clearly reaching a diverse neighborhood and city in language and action that reflect the world as well as our heritage.



Large print service folders,  
assisted listening devices, and access seating  
are available to aid your participation in worship.  
Please inquire with an usher.



## WORSHIP LIFE

### *Prayers for Healing*

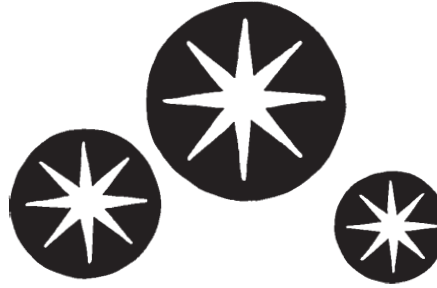


We get hurt. We wear out. The lungs, the eyes, the memory, and any of the many limbs and organs that compose us break or ache. Relationships fracture or break. Those we love move away from us or die. Gloom comes over us: pity for ourselves, sorrow, depression, anger. But hope can come, too, and courage, and sometimes peace. There are none who live without the need for healing.

With a word and a deed, with touch and breath and spit and mud, Jesus heals those who ail. In every time and place, we who are the church remember and tell stories of healing, anoint the sick, share the bread of life. Thus the sick and the healthy, the homebound and the spry, saints and sinners are made one and remain one, a single body of many parts.

Times for extended prayers or services for healing are marked on the calendar of our life together. Many congregations offer these prayers near St. Luke's Day (the physician) in the autumn, or during Lent in the spring. We attend to our need for healing today because our gospel today tells the story of Jesus healing Peter's mother-in-law.

So let us pray today for healing, for one another, for ourselves, and our families, and for our whole community. Every worshiper is invited to consider presenting themselves at the communion rail for laying on of hands and anointing during the postlude, following the dismissal. (You will not be asked to speak.) In our mutual ministry of healing as we surround one another with prayer, scripture, song, touch, and silence, we strengthen one another in the bonds of love and faith that are stronger than the most lethal disease, the deepest depression, the most profound grief, and more powerful even than death.



### **PASTORAL STAFF**

The Rev. Richard Nelson	<i>senior pastor</i>
The Rev. Kristen Jacobson	<i>associate pastor</i>
The Rev. D. Foy Christopherson	<i>associate pastor</i>
The Rev. Mark Peterson	<i>visitation pastor</i>
The Rev. Charles Anderson	<i>visitation pastor</i>

### **PROGRAM STAFF**

David Alexander	<i>business administrator</i>
Barbara Brown	<i>staff &amp; program administrator</i>
Kelly Bartnick	<i>internal communications</i>
Mark Halaas	<i>dir. of development, foundation</i>
Amanda Highben	<i>youth and family minister</i>
Karen Knox	<i>volunteer coordinator</i>
Jane Lien	<i>associate musician</i>
Rolf Lowenberg-DeBoer	<i>community resources</i>
Julie Pinomaki	<i>external communications</i>
Mark Sedio	<i>director of music</i>

### **SUPPORT STAFF**

Mark Brodin	<i>sound operator</i>
Harold Clough	<i>radio and tape ministry</i>
Erica Doss	<i>events coordinator</i>
Theresa Dunbar	<i>housekeeper</i>
Pam Fergus, Mary Culbertson, Lisa Adams-Nelson	<i>nursery attendants</i>
Jennifer Fischer	<i>bookkeeper</i>
Ron Henderson	<i>custodian</i>
Jeni Hill	<i>executive assistant</i>
George Jackson	<i>security</i>
David Molvik	<i>sound operator</i>
Bruce Person	<i>food service coordinator</i>
David Rodriguez	<i>building supervisor</i>
Betsi Sample	<i>food service</i>
Marissa Sidars	<i>receptionist/pastoral support</i>
Charles Smith	<i>custodian</i>
Malcolm Williams	<i>security</i>
Dwayne Wright	<i>director of security</i>



**Evangelical Lutheran  
Church in America**

God's work. Our hands.

*Grace abounds.*

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**CENTRAL LUTHERAN CHURCH**  
*in the heart of the city, welcomes all people  
to celebrate, discover and share the love of Christ*  
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