

HOLY COMMUNION



The First Sunday in Lent
March 1, 2009 + 8:30 & 11:00 a.m.

Central - in the heart of the city, welcomes all people to celebrate, discover and share the love of Christ

*The Holy Spirit gathers
us in unity
on the first day
of the week, the day of
Christ's resurrection*

Christ is God's covenant with all creation

On Ash Wednesday the church began its journey toward baptismal immersion in the death and resurrection of Christ. This year, the Sundays in Lent lead us to focus on five covenants God makes in the Hebrew Scriptures and to use them as lenses through which to view baptism. First Peter connects the way God saved Noah's family in the flood with the way God saves us through the water of baptism. The baptismal covenant is made with us individually, but the new life we are given in baptism is for the sake of the whole world.

*Today's prelude is based on the
Gathering Hymn "All Who
Believe and Are Baptized."*

GATHERING

PRELUDE

Variations on "Es ist das Heil uns kommen her" *Johann Nepomuk David*

The carillon calls the assembly to worship.

The assembly stands to face the baptismal font (in the front) for the confession.

CONFESSION AND FORGIVENESS

As the presiding minister begins from the font,

the sign of the cross may be made by all in remembrance of their baptism:

P In the name of the Father,
and of the + Son, and of the Holy Spirit.

a **Amen.**

P If you record our sins, Lord, who could survive?

Psalm 130:3-4

a **But because you forgive we stand in awe.**

P Let us confess our sins in the presence of God and of one another.

silence for reflection

Kyrie

Leader Assembly

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

P Rock of our salvation,
a **we confess that we live in opposition to your gracious will for us.
We have failed to be a blessing to others
by turning our backs on the needs of the poor.
We have exploited your creation
without regard for those who come after us.
By our sin, we are exiled from your presence;
our bones are dried up, and our hope is lost.
Breathe your Spirit on us, O God, that we may live.**

P God's love is shown to us in that while we still were sinners,
Christ died for us. In the name of Jesus Christ, you are forgiven.
Your sin is washed away.
In the waters of baptism you were joined with Christ,
reborn as children of God, and anointed with the Holy Spirit.
You are free to live as God's people in the world.
a **Amen.**

GATHERING HYMN

(hymn) 442

"All Who Believe and Are Baptized"

GREETING

P The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
a **And also with you.**

PRAYER OF THE DAY

P ...one God, now and forever.
a **Amen.**

WORD

CHILDREN'S MESSAGE

Children are invited to come forward; parents are welcome to come with their children.

FIRST READING *The rainbow, sign of God's covenant*

Genesis 9:8-17

God said to Noah and to his sons with him,
⁹"As for me, I am establishing my covenant with you and your descendants after you, ¹⁰and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. ¹¹I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." ¹²God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." ¹⁷God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

The word of the Lord.

a **Thanks be to God.**

*God speaks to us in
scripture reading,
preaching,
and song*

*Today's reading is the
conclusion to the flood story.
Because of human sin, the Lord
destroys the earth by flood,
saving only Noah, his family,
and the animals on the ark. Yet
divine destruction gives way to
divine commitment. As in the
first creation, God blesses
humanity and establishes a
covenant with all creatures.*

MUSICAL RESPONSE

“For the Gift of Water”

Daniel Pinkham

*We thank you, almighty God, for the gift of water.
Over it the Holy Spirit moved in the beginning of creation.
Through it you led the children of Israel out of their bondage in Egypt into the
land of promise. In it your Son Jesus received the baptism of John
and was anointed by the Holy Spirit as the Messiah,
the Christ, to lead us, through his death and resurrection,
from the bondage of sin unto everlasting life.*

*As God acted through Christ's
suffering and death to bring us
to God, so God acts through
baptism to save us from a sinful
existence. This spiritual
cleansing marks
our new life in Christ.*

SECOND READING

Saved through water

1 Peter 3:18–22

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit,¹⁹ in which also he went and made a proclamation to the spirits in prison,²⁰ who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water.²¹ And baptism, which this prefigured, now saves you — not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ,²² who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The word of the Lord.

a **Thanks be to God.**

GOSPEL ACCLAMATION FOR LENT

We are turn - ing, Lord, to hear you; you are mer - ci - ful and kind,
slow to an - ger, rich in bless - ing, and with love to us in - clined.
slow to an - ger, rich in bless - ing, and with love to us in - clined.

Text: Gracia Grindal, based on Joel 2:13
Music: KAS DZIEDAJA, Latvian folk tune
Text © 1998 Augsburg Fortress

GOSPEL

The temptation of Jesus

Mark 1:9–15

The holy gospel according to Mark.

a **Glory to you, O Lord.**

*The Spirit that comes upon
Jesus at his baptism sustains
him when he is tested by Satan
so that he might proclaim the
good news of God's reign.*

Jesus came from Nazareth of Galilee and was baptized by John in the Jordan.¹⁰ And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him.¹¹ And a voice came from heaven, “You are my Son, the Beloved; with you I am well pleased.”

¹²And the Spirit immediately drove him out into the wilderness.¹³ He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God,¹⁵ and saying, “The time is fulfilled, and the kingdom of God has come near, repent, and believe in the good news.”

The gospel of the Lord.

a **Praise to you, O Christ.**

SERMON

Pastor D. Foy Christopherson

“A 40-Day Journey”
silence for reflection

HYMN OF THE DAY

(hymn) 326

“Bless Now, O God, the Journey”

APOSTLES' CREED

A We have been made God's people through our Baptism into Christ.
Living together in trust and hope, we confess our faith.

a **I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,**

**he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

A As we journey toward Easter,
let us pray for the world, the church, and all who seek new life in Christ.

after each petition:

Lord in your mercy,

a **hear our prayer.**

P Receive our prayers and grant us your mercy, O God,
in the name of the crucified and risen one, Jesus Christ our Savior.

a **Amen.**

MEAL

PEACE

P The peace of the Lord be with you always.

a **And also with you.**

The assembly is invited to share God's peace with one another.

GATHERING OF GIFTS

While the collection is received lay ministers prepare the table.

The assembly stands as the procession reaches the chancel.

“I Want Jesus to Walk with Me”

Spiritual

I want Jesus to walk with me; all along my pilgrim journey,

I want Jesus to walk with me. In my trials, Lord, walk with me;

when my heart is almost breaking, walk with me. When I'm in trouble,

Lord, walk with me; when my head is bowed in sorrow, Lord, walk with me.

*God feeds us
with the presence
of Jesus Christ*

Offertory Prayer

A Together let us pray.
Merciful Father,

a **we offer with joy and thanksgiving what you have first given us—
our selves, our time, and our possessions,
signs of your gracious love.
Receive them for the sake of him who offered himself for us,
Jesus Christ our Lord. Amen.**

GREAT THANKSGIVING

P The Lord be with you.

a **And also with you.**

P Lift up your hearts.

a **We lift them to the Lord.**

P Let us give thanks to the Lord our God.

a **It is right to give our thanks and praise.**

P It is indeed right, our duty and our joy ... join their unending hymn:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heav'n and earth are full of your glo - ry. Ho -



san - na in the high - est, ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est, ho - san - na in the high - est.

Eucharistic Prayer

Lord's Prayer (1975)

a **Our Father in heaven,**

**hallowed be your name, your kingdom come,
your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and forever. Amen.**

Breaking of the Bread and Invitation to the Table

P Jesus says, "I am the resurrection and the life.

If you believe in me, though you die, yet you shall live."

Come, eat, and live!



All are invited to receive these gifts of God.
 Grape juice is available upon request.
 Children are welcome to receive communion or a blessing.
 Communion at this service is served kneeling (as you are able) by individual chalices around the communion rail.

Communion
 "Lamb of God"

Lamb of God, you take a - way the sin of the world; have mer-cy on us.
 Lamb of God, you take a - way the sin of the world; have mer-cy on us.
 Lamb of God, you take a - way the sin of the world; grant us peace, grant us peace.

"This Is the Hour"

Alan Smith

This is the hour of banquet and of song; this is the heavenly table spread for me; here let me feast and feasting, still prolong the brief, bright hour of fellowship with Thee. Too soon we rise; we go our ways; the feast, though not the love, is past and gone, the Bread and Wine consumed: yet all our days thou still art here with us our Shield and Sun. Feast after feast thus comes and passes by, yet, passing points to the glad feast above, giving us foretaste of the festal joy, the lamb's great marriage feast of bliss and love.

Table Blessing and Prayer after Communion

P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.
 a **Amen.**

A Let us pray.
 O God, our beginning and our end,
 you kept Abraham and Sarah in safety throughout the days of their pilgrimage, and you led the children of Israel through the midst of the sea. Protect and guide us in our journeys. Make our ways safe and our home-comings joyful, and bring us at last to our heavenly home, where you dwell in glory with our Lord Jesus Christ and the life-giving Holy Spirit, one God, now and forever.
 a **Amen.**

SENDING

God blesses and sends us in mission to the world

BLESSING

P May the Lord turn his face toward us, and guide our feet into the way of peace.

Almighty God, Father, + Son, and Holy Spirit, bless you now and forever.

a **Amen.**

SENDING HYMN

"Come with Us, O Blessed Jesus"

*(hymn) 501
 sung in harmony*

DISMISSAL

Please face the entrance for the dismissal.

A Go in peace. Christ goes with you.

a **Thanks be to God.**

The carillon sends the assembly into mission.

POSTLUDE

Prelude and Fugue in D Minor

J. S. Bach

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SERVING TODAY

Pastor Rick Nelson	<i>presiding</i>
Pastor D. Foy Christopherson	<i>preaching</i>
Ann Oyen	<i>assisting minister</i>
Mark Sedio	<i>cantor/organist</i>
Jane Lien	<i>choir accompanist</i>
Thomas Dreeze	<i>soloist</i>
Central Choir	<i>choir</i>
Debra Thelen	<i>reader, 8:30</i>
David Molvik	<i>sound operator, 8:30</i>
Lois Wolff, Phil Ranheim, Christopher Haug Mark Brodin	<i>readers, 11:00</i> <i>sound operator, 11:00</i>
Richard Stegall	<i>sacristan</i>
Harold Clough	<i>radio announcer</i>
Robert Tufford, Jean Matheson, Bob Ylvisaker	<i>lead ushers</i>
Karin Lilleodden, Chris Stensaas, Phil Ranheim, Allison Winblad, Amanda Highben, Barb Hoernemann, Kathy Fiscus, Pramila Nelson	<i>communion ministers</i>
Pastor Kristen Jacobson, Bruce Bergeson, Sally Carlson Bancroft, Jeff Gordien, Rolf Lowenberg-DeBoer	<i>hosts and greeters</i>

Sunday worship is broadcast locally on WDGY (formerly WMIN) 740 AM at 11 a.m.; or listen online from anywhere at wdgyradio.com.

To sponsor a Sunday morning radio broadcast or refreshments in honor or memory of a loved one or a special occasion, contact Julie Pinomaki at 612.767-9212.



Large print service folders, assisted listening devices, and access seating are available to aid your participation in worship. Please inquire with an usher.



WELCOME!



Everyone is welcome. As a community of the people of God, the members of Central Lutheran Church are called to welcome all people regardless of age, economic status, ethnic background, gender, physical or mental ability, race or sexual orientation. We affirm that in Christ “there is neither Jew nor Greek, there is neither slave nor free, there is neither male or female” (Galatians 3:28). Christ has made us one.

Guests are welcome. We are pleased you are worshiping with us today. We invite guests to complete the “Welcome to Central” card found in the pew racks and leave it with an usher or place it in the offering plate. If you would like more information about Central, please speak to a staff member or call the church at 612-870-4416.

Children are welcome at all services. Worship bulletins for children and activity bags are available at Sanctuary entrances. If you would prefer to use Central’s nursery (available for children ages four and younger), you will find it on the second floor of the Education Building. An usher will be glad to assist you.

Welcome to the Lord’s Table. All are welcome at the Lord’s Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to persons in designated access seating areas. If you are not in a designated access seating area and desire to commune where you are seated, please notify an usher who will direct communion ministers to come and serve you. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. Gluten-free breads and alcohol-free wine are available by request at most liturgies from most communion stations.

We envision becoming a thriving, vibrant model of urban Lutheran ministry for the 21st century. This lofty vision requires us to ask each day if our goals for worship, learning, and service are clearly reaching a diverse neighborhood and city in language and action that reflect the world as well as our heritage.

CENTRAL LUTHERAN CHURCH
*in the heart of the city, welcomes all people
to celebrate, discover and share the love of Christ*
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